

Knock Out® contains melatonin to help maintain regular sleep patterns and Valerian extract and Theanine to promote relaxation.* Knock-Out® is also drug free.

★THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



Schiff® SURE DISSOLVE tablets are formulated to disintegrate within one hour.

NOTE: Valerian extract has a naturally occurring pungent odor.

WARNING: Not intended for use by pregnant or lactating women, individuals with autoimmune conditions, depressive disorders, endocrine disorders, serious illness, or other drug use. Seek advice from your health practitioner prior to use if under medical supervision, taking tranquilizers or sedatives or taking more than 10 mg of melatonin per day. Do not use before or while operating a motor vehicle or heavy machinery. Not to be taken by individuals under the age of 18.



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Schiff
SINCE 1936



Knock-Out®

NEW
LOOK

3 mg Melatonin & More

- ✓ Supports relaxation & normal sleep patterns*
- ✓ With Theanine & Valerian

50 Tablets

Dietary Supplement

Directions: For best results, take one (1) tablet at bedtime or as recommended by a health care professional.

Supplement Facts

Serving Size One (1) Tablet

Amount Per Serving	% Daily Value	
Vitamin B6 (as pyridoxine hydrochloride)	0.5 mg	25%
Calcium (as calcium carbonate)	200 mg	20%
Magnesium (as magnesium hydroxide)	10 mg	3%
Melatonin	3 mg	*
Glycine	40 mg	*
L-Theanine	50 mg	*
Valerian Extract (<i>Valeriana officinalis</i>)(root)	100 mg	*
Valerenic acids	0.8 mg	*
Gamma-aminobutyric acid (GABA)	100 mg	*

*Daily Value not established.

Other Ingredients: Cellulose, stearic acid, croscarmellose sodium, silicon dioxide, hydroxypropyl methylcellulose, magnesium stearate, food glaze, maltodextrin, polyethylene glycol.

Manufactured by: SCHIFF NUTRITION GROUP, INC.

SALT LAKE CITY, UT 84104 USA

For information call:

1-800-526-6251 (8am-5pm MST M-F)

www.schiffvitamins.com



GUARANTEED: No added sugar (sucrose, fructose, lactose), salt (sodium chloride), yeast, wheat, gluten or milk. No preservatives, artificial colors or artificial flavors.

GUARANTEED for purity, freshness and labeled potency.

KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.

LOT:
EXP:

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