

Maxi-Hair® has been adored by loyal consumers for more than 20 years, and is one of Country Life's best-sellers. This product, which is formulated with B Vitamins, biotin and MSM, brings life back to your hair, skin and nails.** Also available in capsules with higher biotin potency in Maxi-Hair® Plus.

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

† Country Life always labels minerals in elemental weight.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. Not recommended for people who regularly consume liver. If any adverse reactions occur, stop taking the product and consult your doctor.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO WHEAT, SOY OR MILK
YES CERTIFIED VEGETARIAN BY THE AVA	NO PRESERVATIVES
YES RECYCLABLE PACKAGING	NO ARTIFICIAL COLORS,
YES MANUFACTURING SUPPORTS	FLAVORS OR SWEETENERS
WIND POWER	

Do not accept if seal is broken. Store between 59°-86° F.
Keep out of the reach of children.

This product has been manufactured at a GMP Registered facility.
Lot No:

Best by:



MAXI-HAIR®

MAXIMIZED®

Certified Gluten-Free

Nourishment for:

- Healthier hair and skin**
- Strong nails**

Directions: Adults take two (2) tablets daily. For best utilization, take with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate)	5,000 I.U. 100%
Vitamin C (as ascorbic acid, rose hips)	200 mg 333%
Vitamin E (as d-alpha tocopheryl acid succinate)	50 I.U. 167%
Thiamin (vitamin B1)(as thiamine hydrochloride)	30 mg 2,000%
Riboflavin (vitamin B2)	50 mg 2,941%
Niacin (as niacinamide)	50 mg 250%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg 2,500%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	50 mcg 833%
Biotin (as d-Biotin)	2,000 mcg 667%
Pantothenic Acid (as calcium d-pantothenate)	50 mg 500%
Calcium (as calcium carbonate, calcium d-pantothenate)†	200 mg 20%
Iodine (from kelp)†	225 mcg 150%
Zinc (as zinc amino acid chelate [rice flour based])†	15 mg 100%
Selenium (as selenium rice chelate [rice flour based])†	50 mcg 71%
Copper (as copper rice chelate [rice flour based])†	1 mg 50%
MSM (methylsulfonylmethane)	600 mg *
L-Methionine (free form)	250 mg *
Horsetail Extract (leaf/stem)	100 mg *
L-Cysteine (as L-cysteine hydrochloride)	100 mg *
Inositol	50 mg *
PABA (para-aminobenzoic acid)	50 mg *
Choline (from 50 mg choline bitartrate)	23 mg *

* Daily Value not established.

Other Ingredients: Cellulose, stearic acid, oligosaccharides (chicory root), magnesium stearate, cellulose & glycerin coating, silica, calcium silicate, natural vanilla flavor, maltodextrin, vegetable glaze.

Dietary
Supplement

60 Tablets

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
Product No. 5028