

NEW!

Schiff® 70 SWEET SLUMBER®

6 mg Melatonin, Theanine, GABA & More

DRUG FREE WITH ALL NATURAL VITAMINS AND HERBS

For more than 70 years, Schiff® has been a leader in vitamins, minerals and supplements thanks to our research, innovation and delivery of quality ingredients. Adding Schiff® to your day is such a simple way to improve your health. *Feel your best with Schiff®.*



GUARANTEED: No added sugar (sucrose, fructose, lactose), salt (sodium chloride), yeast, wheat, gluten or milk. No preservatives or artificial flavors.

GUARANTEED for purity, freshness and labeled potency.



Schiff® SURE DISSOLVE® tablets are formulated to disintegrate within one hour.

Like all Schiff® products, Sweet Slumber® is manufactured under strict conditions of quality control. *We guarantee it.*

Schiff® 70 SWEET SLUMBER®

6 mg Melatonin, Theanine, GABA & More

DRUG FREE WITH ALL NATURAL VITAMINS AND HERBS

- ✓ Go to Sleep Fast
- ✓ Sleep Better & Longer
- ✓ Wake Up Refreshed
- ✓ Helps Ease Jet Lag

(SHOWN ACTUAL SIZE)

60 TABLETS DIETARY SUPPLEMENT

Directions: For best results take one (1) tablet at bedtime or as recommended by a health care professional.

Supplement Facts

Serving Size One (1) Tablet

Amount Per Serving		% Daily Value
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	500%
Calcium (as dicalcium phosphate)	25 mg	3%
Melatonin	6 mg	*
L-Theanine	25 mg	*
Gamma-aminobutyric acid (GABA)	50 mg	*
Proprietary Herbal Blend	8.5 mg	*
Chamomile Extract (<i>Matricaria chamomilla</i>) (flower)		
Valerian Extract (<i>Valeriana officinalis</i>) (root)		

*Daily Value not established.

Other Ingredients: Cellulose, coating (hydroxypropyl methylcellulose, modified corn starch, titanium dioxide, polyethylene glycol, magnesium trisilicate), silicon dioxide, stearic acid, magnesium stearate, natural flavor.

Manufactured by: SCHIFF NUTRITION GROUP, INC.
SALT LAKE CITY, UT 84104 USA
For information call: 1-800-526-6251 (8am-5pm MST M-F)
WWW.SCHIFFSWEETSLUMBER.COM

WARNING: Not intended for use by pregnant or lactating women, individuals with autoimmune conditions, depressive disorders, endocrine disorders, serious illness, or other drug use. Seek advice from your health care practitioner prior to use if under medical supervision, taking tranquilizers or sedatives, or taking more than 10 mg of melatonin per day. Do not use before or while operating a motor vehicle or heavy machinery. Not to be taken by individuals under the age of 18.

KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.

Schiff® Sweet Slumber® is a powerful supplement to help you fall asleep fast. Sweet Slumber® is drug free and contains all natural vitamins and herbs to help you sleep more soundly throughout the night, so that in the morning you'll wake up refreshed and rested.

SWEET SLUMBER® CONTAINS KEY NUTRIENTS THAT SUPPORT HEALTHY SLEEP AND RELAXATION.

- ✓ **Melatonin**, produced in the brain, sends a signal to the body that it's time to sleep. As we age, our bodies produce less and less melatonin, so taking melatonin at bedtime helps promote normal sleep patterns. Research also shows that 6 mg Melatonin helps ease the effects of jet lag.†
- ✓ **Theanine** is a compound found in green tea and is known for its stress relief properties. Theanine helps you wind down before sleep, and then once asleep, to sleep more soundly throughout the night.
- ✓ **GABA (Gamma-aminobutyric acid)** is an amino acid and neurotransmitter that works to support relaxation and restful sleep patterns.
- ✓ **Chamomile and Valerian** are two herbs traditionally used for their calming properties.
- ✓ **Vitamin B6** is critical for healthy production of GABA and melatonin in the brain.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

† Herxheimer and Petrie, Cochrane Database Systematic Reviews CD001520, 2002.

