



Complete Multi-Vitamin

- **Orchard Fruits™ / Garden Veggies™** blend of powder/extract/dried juice (100 mg)
- **High Potency B-Vitamins** convert food to energy*

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Optimized for Women

Specially balanced to support:



Energy*



Heart Health*



Bones*



Immunity*



Eyes*



Hair, Skin & Nails*

**High Potency
100%+ Daily Value
of 20 essential vitamins & minerals**

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Alive!

**WOMEN'S ENERGY
MULTI-VITAMIN • MULTI-MINERAL**

DIETARY SUPPLEMENT

**ONCE DAILY
50 TABLETS**

Provides essential nutrients to help support:

METABOLISM* B-Vitamins	HAIR, SKIN & NAILS* Vitamin C • Biotin
BONE HEALTH* Boron • Calcium • Folic Acid Magnesium • Manganese Vitamin D3 • Vitamin K1	EYE HEALTH* Beta Carotene (Vitamin A) Vitamin C • Vitamin E Lutein • Zinc
ENERGY* B-Vitamins • Magnesium Vitamin C • Vitamin E	CELLULAR HEALTH* Copper • Selenium • Vitamin A Vitamin C • Vitamin E • Zinc
HEART HEALTH* B-Vitamins • Vitamin C Vitamin E	IMMUNE DEFENSE* Selenium • Vitamin A Vitamin C • Vitamin D3 • Zinc

CAFFEINE-FREE

Ingredients: Calcium Carbonate, Cellulose, Magnesium Oxide, Orchard Fruits™ Blend (Pomegranate [seed], Acai Extract [white pulp/fruit], Fruit Powders: Plum, Cranberry, Blueberry, Strawberry, Blackberry, Bilberry, Cherry, Apricot, Papaya, Orange, Grape, Pineapple), Ascorbic Acid (Vitamin C), d-alpha Tocopheryl Acetate (Vitamin E), Garden Veggies™ Vegetable Powder Blend (Potato, Kale, Spinach, Wheat Grass, Brussels Sprout, Asparagus, Broccoli, Cauliflower, Beet, Carrot, Cabbage, Garlic), Modified Cellulose Gum, Stearic Acid, Nicotinamide (Vitamin B3), Hypromellose, Polydextrose, Zinc Oxide, d-Calcium Panthothenate (Vitamin B5), Titanium Dioxide color, Ferrus Fumarate (Iron), Magnesium Stearate, Modified Cellulose, Vitamin A Acetate, Silica, Manganese Sulfate, Copper Sulfate, Pyridoxine HCl (Vitamin B6), Beta Carotene (Vitamin A), Talc, Thiamin Mononitrate, Riboflavin (Vitamin B2), Cholecalciferol (Vitamin D3), Boron Amino Acid Chelate, Medium Chain Triglycerides, Potassium Iodide, Maltodextrin (Flower), Lutein Source), Folic Acid (Vitamin B9), Biotin (Vitamin B7), Phytantriol (Vitamin K1), Sodium Molybdate, Sodium Selenate, Carnitine Color, Cyanocobalamin (Vitamin B12).

Amount Per Serving	% DV
Vitamin A (1,500 IU [30%] as beta carotene)	100%
Vitamin C	60 mg 100%
Vitamin D3	1,000 IU 250%
Vitamin E	30 IU 100%
Vitamin K1	80 mcg 100%
Thiamin (Vitamin B1)	3 mg 200%
Riboflavin (Vitamin B2)	3.4 mg 200%
Niacin (Vitamin B3)	20 mg 100%
Vitamin B6	4 mg 200%
Folic Acid (Vitamin B9)	400 mcg 100%
Vitamin B12	12 mcg 200%
Biotin (Vitamin B7)	300 mcg 100%
Pantothenic Acid (Vitamin B5)	15 mg 150%
Calcium	500 mg 50%
Iron	18 mg 100%

Amount Per Serving	% DV
Iodine	150 mcg 100%
Magnesium	50 mg 13%
Zinc	15 mg 100%
Selenium	70 mcg 100%
Copper	2 mg 100%
Manganese	2 mg 100%
Molybdenum	75 mcg 100%
Orchard Fruits™ Blend	50 mg **
Pomegranate, Acai, Plum, Cranberry, Blueberry, Strawberry, Blackberry, Bilberry, Cherry, Apricot, Papaya, Orange, Grape, Pineapple	
Garden Veggies™ Blend	50 mg **
Parsley, Kale, Spinach, Wheat Grass, Brussels Sprout, Asparagus, Broccoli, Cauliflower, Beet, Carrot, Cabbage, Garlic	
Boron	150 mcg **
Lutein	100 mcg **

**Daily Value (DV) not established.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

% DV

Vitamin A 5,000 IU 100%

(1,500 IU [30%] as beta carotene)

Vitamin C 60 mg 100%

Vitamin D3 1,000 IU 250%

Vitamin E 30 IU 100%

Vitamin K1 80 mcg 100%

Thiamin (Vitamin B1) 3 mg 200%

Riboflavin (Vitamin B2) 3.4 mg 200%

Niacin (Vitamin B3) 20 mg 100%

Vitamin B6 4 mg 200%

Folic Acid (Vitamin B9) 400 mcg 100%

Vitamin B12 12 mcg 200%

Biotin (Vitamin B7) 300 mcg 100%

Pantothenic Acid (Vitamin B5) 15 mg 150%

Calcium 500 mg 50%

Iron 18 mg 100%



LBMS01 06.D01 85880

This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

©2015 Distributed by Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Questions? 1-800-8NATURE / feelalive.com

Keep out of reach of children. Safely sealed for your protection with printed inner freshness seal under child resistant bottle cap. Do not use if seal is broken or missing.

Store at room temperature. Keep bottle tightly closed.

GLUTEN-FREE. No sugar, salt, soy, yeast, wheat, dairy products or artificial flavoring.

100%+ DV of 20 Vitamins / Minerals

HIGH POTENCY Multi-Vitamin

Recommendation: Take 1 tablet daily, preferably with food. If you are pregnant, nursing or taking any medications, consult a healthcare professional before use. Not formulated for use in men or children. Do not exceed recommended use.