

Target-Mins are made with specific free-form amino acids and uses a calcium:phosphorus ratio of 2:1 to support calcium utilization.* The magnesium and potassium have been added to support cardiovascular health.* Adequate calcium as part of a healthful diet, along with exercise, may reduce the risk of osteoporosis later in life.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED VEGAN BY THE AMA
YES CERTIFIED GLUTEN-FREE BY GFCO
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS
WIND POWER
YES BOSH®

NO YEAST, WHEAT OR CORN
NO SOY OR MILK
NO SALT OR SUGAR
NO PRESERVATIVES
NO ARTIFICIAL COLOR
NO MAGNESIUM STEARATE

This product has been manufactured at an NSF GMP Registered facility.

Lot No:

Best by:

ESTABLISHED
— 1971 —
**Country
Life**

• TARGET-MINS™ •
**CALCIUM
MAGNESIUM
POTASSIUM**

500 mg : 500 mg : 99 mg

Gluten-Free

- May support cardiovascular health*
- Only 2 tablets per day

NOW!
THINNER
tablets

Directions: Adults take two (2) tablets daily. For best utilization take with food at bedtime and after exercise. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 tablets
Servings Per Container 60

Amount Per Serving	% Daily Value	
Calcium (as calcium hydroxyapatite, citrate, aspartate, alpha-ketoglutarate, lysinate)†	500 mg	50%
Phosphorus (as calcium hydroxyapatite)†	250 mg	25%
Magnesium (as magnesium oxide, citrate, aspartate, taurinate, alpha-ketoglutarate)†	500 mg	125%
Potassium (as potassium citrate, aspartate, alpha-ketoglutarate)†	99 mg	3%

Other Ingredients: Cellulose, medium chain triglycerides, silica, cellulose & glycerin coating, vegetable glaze.

† Country Life always labels minerals in elemental weight.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

Dietary
Supplement
Tablets

Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com