▲ Made in Canada from domestic and imported ingredients.

v11.09c CFIA # 3593



Supplement facts

Amount per serving

Serving size 1 tsp. (5 ml) / Servings per container 40

Calories 40	-
Calories from fat 40	
Fat 4.5 g	7%*
Saturated 0.5 g	3%*
+ Trans 0 g	-
Polyunsaturated 2.5 g	
Monounsaturated 1.0 g	
Cholesterol 25 mg	8%*
TOTAL EPA+DHA	2000 mg*

* Percent daily value is based on a 2000 calorie diet.

† Daily value not established.

EPA (elcosapentaenoic acid)

DHA (docosahexaenoic acid)



Guaranteed analysis

Ingredients: fish oil (anchovies, sardines, mackerel), flavoring, tocopherols (derived from non-GMO soy), green tea extract.





Omega-3 High EPA

EPA per tsp.

+500 mg DHA

Zesty Lemon Flavor

200 ml (6.8 fl. oz.) Liquid | Fish Oil Supplement

Just one teaspoon a day

Clean, Light Taste

No fishy burp back

Easy to Absorb

Premium quality liquid form

Guaranteed Pure

View test results online at purecheck.net



Made with love by Ascenta Health Ltd., Nova Scotia, Canada 1.866.224.1775 💠 Directions:

Adults and adolescents 14 years and older take 1 tsp. daily. Children 2-13 years take 1/2 tsp. daily.

After opening, refrigerate and consume within 100 days. Do not use if safety seal is broken or missing.

Healthy you, healthy planet Made with 100% renewable energy.





Ascenta. **® ascentahealth.com