

PROD. NO. 72479  
NO YEAST, NO WHEAT,  
NO GLUTEN, NO MILK OR  
MILK DERIVATIVES,  
NO LACTOSE, NO SUGAR,  
NO PRESERVATIVES, NO SOY,  
NO ARTIFICIAL COLOR,  
NO ARTIFICIAL FLAVOR,  
NO SODIUM.



B1400 02A

**FINEST**  
NUTRITION

HEART & REPRODUCTIVE HEALTH\*

**FOLIC ACID**

**400 mcg**

PER TABLET

HEART & WOMEN'S  
REPRODUCTIVE HEALTH\*

DIETARY  
SUPPLEMENT

**400 TABLETS • ONE PER DAY**

USE ONLY IF INNER SEAL IS NOT  
BROKEN OR MISSING.

**Suggested Use:** As a dietary supplement  
for adults, take one (1) tablet daily with  
the meal of your choice.

**Supplement Facts**

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Folic Acid	400 mcg 100%

**OTHER INGREDIENTS:** Cellulose (Plant  
Origin), Calcium Carbonate, Croscarmellose,  
Maltodextrin. Contains <2% of: Silica,  
Vegetable Magnesium Stearate.

**WARNING:** If you are pregnant, nursing a  
baby or considering becoming pregnant,  
ask a doctor before using this product. If  
you take a prescription medication or have  
any medical condition, consult a physician  
before using this product.

Keep out of reach of children.  
Store at room temperature, tightly closed.

**Folic Acid** is part of the B Vitamins and is  
essential for well being.\* Folic Acid  
helps support heart health.\* Women  
who consume healthful diets with  
adequate folate may reduce their risk of  
having a child with birth defects of the  
brain or spinal cord.

\*These statements have not been evaluated  
by the Food and Drug Administration. This  
product is not intended to diagnose, treat,  
cure or prevent any disease.

Questions or comments? 1-800-925-4733

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FRESHNESS & POTENCY GUARANTEED THROUGH: