DIRECTIONS: Take two (2) capsules with your two (2) largest carbohydratecontaining meals of the day.

IC-5\*\* is a blend of 5 ingredients scientifically-designed to increase insulin sensitivity, support the optimal metabolism of blood super enhance muscular recovery, and support fat loss by partitioning carbohydrates to muscle tissue instead of fat cells . +

More information and scientific studies are available at RioTrust com-WARNING: This product is for use by healthy adults over 18 years old.

Consult your physician before use if you are taking any prescription or other medications. Do not use this product if you are pregnant or nursing or are at risk or are being treated for diabetes or any other medical condition. Discontinue use and consult your physician if you experience any adverse reaction to this product. Do not exceed recommended serving size or suggested use. KEEP OUT OF REACH OF CHILDREN.

STORE IN A COOL DRY PLACE WITH LID TIGHTLY CLOSED.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or

Quality Guarantee: Independent laboratory testing ensures potency and purity. No sugar and no artificial sweeteners, flavors, colors or preservatives

ITEM 1333 REV 1

BioTrust.com or Call 1-800-766-5086

**BioTRUST®** 



## Advanced Insulin Support and Carbohydrate Management

- · Promotes Increased Insulin Sensitivity<sup>†</sup> Supports Healthy Blood Sugar†
- · Partitions Carbs To Muscle, Not Fat 1

Supplement Facts Serving Size: 2 Capsules

Amount Per Serving  Chromium (as chromium dinicocysteinate (Zychrome*))	% Daily Value	
	200 mcg	167%
Berberine (from Berberis aristata root extract)	500 mg	
25:1 Cinnamon bark extract (Cinnamomum cassia) (30% polyphenols)	100 mg	
Benfotiamine	80 mg	
Naringin (from citrus fruit)	50 ma	

\* Daily value not established.

OTHER INGREDIENTS: Gelatin, rice flour, magnesium stearate, silicon dioxide. This product is manufactured in a facility that also processes milk, eggs. fish.

Zychrome\* is a registered trademark of InterHealth NJ. ZYC H R O M E\* Developed by and Manufactured for:

Austin TX 78701 1-800-766-5086 BioTrust.com



Dietary Supplement

120 Capsules