

Plant Source Calcium

Alive!® Calcium is derived from Lithothamnion (calcified red algae seaweed sustainably harvested from pristine Icelandic waters), kale, spinach and collard greens.



Easy to Digest & Utilize

While many calcium supplements are sourced from limestone rock or animal bones, Alive! Calcium provides calcium and trace minerals that may be easier for the body to digest, absorb and utilize.

Fast Dissolving

Alive! Calcium tablets dissolve quickly to help ensure a maximum level of nutrients are available for absorption.

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Questions? 1-800-9NATURE / naturesway.com.
Aquamin® is a registered trademark of Mariogot Limited.

GLUTEN FREE. No sugar, yeast, wheat, dairy products, artificial colors, flavors or preservatives.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

Promotes Healthy Bones*

Adequate calcium intake throughout life, as part of a well-balanced diet and regular exercise, may **reduce the risk of osteoporosis**. Alive!® plant source calcium provides **1,000 mg of calcium** (100% DV), vitamin C, vitamin D3, vitamin K2, magnesium and supportive minerals.

MAX Absorption

Vitamin D3 enhances calcium absorption and utilization.*

Bone Density*

Magnesium and vitamin C help maintain bone density.*

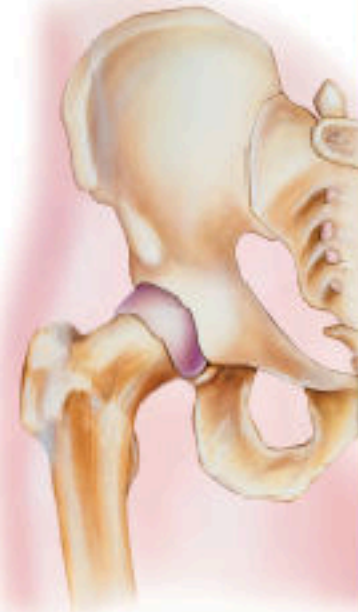
Gets to Bones, Not Arteries

Vitamin K2 (MK-7) directs calcium to the bones where it's needed most, and away from arteries.*

Additional Minerals

Strontium, vanadium and silica assist calcium in promoting healthy bones.*

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Premium
Formula



Alive!

Calcium

Bone Formula

MAX ABSORPTION

1,000 mg PLANT SOURCE CALCIUM

with Vitamin C • Vitamin D3 • Vitamin K2
Magnesium • Synergistic Minerals

120 TABLETS • Dietary Supplement

Recommendation: Take 4 tablets daily, preferably with food. For best results, take 2 tablets twice daily with food. Do not exceed recommended dose.

Caution: Consult a healthcare professional before using this product if you have a kidney disorder, hypercalcemia, hypercalciuria, are taking any medications, or are pregnant or nursing.

Supplement Facts

Serving Size 4 Tablets / Servings Per Container 30

Amount Per Serving		% DV
Calories	5	
Total Carbohydrate	<1 g	<1%†
Dietary Fiber	<1 g	2%†
Vitamin C (from Organic Acerola [fruit], Organic Goji [fruit], Organic Kiwi [fruit], Organic Amla [fruit])	60 mg	100%
Vitamin D3 (as cholecalciferol)	2,000 IU	500%
Vitamin K2 (menaquinone-7) from Natto (fermented soybean extract)	100 mcg	125%
Calcium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant], Organic Kale [leaf], Organic Collard Greens [leaf], Organic Spinach [leaf])	1 g	100%
Magnesium (as magnesium oxide, magnesium citrate and from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant])	500 mg	125%
Sodium	35 mg	1%
Strontium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant])	7 mg	**
Silica (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant])	5 mg	**
Boron (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant])	132 mcg	**
Vanadium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant])	101 mcg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: cellulose, stearic acid, modified cellulose gum, citric acid, sodium bicarbonate, modified cellulose, silica, vegetable glycerin
Contains soy.



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