

New Whey Nutrition L-Glutamine aids in the preservation of muscle mass and can promote faster muscle recovery and repair. L-Glutamine, the most prevalent amino acid found in skeletal muscle tissue, is also the ideal product for supporting muscle growth and for sustaining healthy growth hormone levels. Supplementing 5-15 grams of L-Glutamine per day can decrease muscle soreness, decrease recovery time and boost the body's immune system.

New Whey Nutrition's unique inclusion of MSM is crucial to proper cell replacement. Under optimal conditions, new flexible cells replace old ones by attaching to flexible tissue. MSM provides the flexible bond between proteins that this process requires. Without it, tissues and cells become rigid which can lead to the premature deterioration of various body organs. MSM also increases blood circulation and contributes to general tissue detoxification.¹

SUGGESTED USE:

Mix 1 scoop with 6 ounces of water or your favorite beverage. L-Glutamine can be taken alone or stacked with other products.

¹ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Consult your physician before taking this or any dietary supplement.



STACK WITH VANILLA MULTI-PRO WHEY FOR A
KEY LIME PIE SHAKE



Speeds recovery

MSM for extreme flexibility

Supports muscle growth

LEMON LIME

WITH MSM

L-GLUTAMINE

GLUTAMINE SUPPLEMENT

DIETARY SUPPLEMENT - NET WT. 11.64oz (330g)

MADE IN THE USA

Supplement Facts

Serving Size 1 Scoop (About 5.5g)
Servings Per Container: 60

Calories 20

Amount Per Serving	% Daily Value*
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L-Glutamine 5g	*
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MSM 500mg	*
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* Daily Values Not Established.

Ingredients: L-Glutamine, Methyl Sulfonyl Methane, Citric Acid, N/A Flavor, Sucralose, Silica, Acesulfame Potassium.

WORKOUT STAGE

PRE • DURING • POST

MADE IN
USA



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