

EVOA

Supplemental Eye Vitamins
OMEGA-3 + ANTIOXIDANTS

Supplement Facts

Serving Size: 2 Capsules and 1 Softgel
Servings Per Container: One month's supply

Amount Per Serving	% Daily Value	
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	<1%*
Saturated Fat	0 g	<1%*
Vitamin C (as ascorbic acid)	500 mg	833%
Vitamin E (as dl-alpha tocopheryl acetate)	400 IU	1333%
Zinc (from zinc oxide)	80 mg	533%
Copper (from cupric oxide)	2 mg	100%
Omega-3 Fatty Acids	450 mg	†
Eicosapentaenoic Acid (EPA)	270 mg	†
Docosahexaenoic Acid (DHA)	180 mg	†
Lutein	10 mg	†
Zeaxanthin	2 mg	†

* Percent Daily Values are based on a 2000 calorie diet.
† Daily Value not established.

Other Ingredients: Fish oil (pollock, hake, cod), gelatin, lemon oil, water, glycerin and magnesium stearate.

The AREDS2 formula includes 2 capsules per day. The omega-3 is one softgel per day. The capsules are small and easy to swallow. The capsules can be opened and the contents poured into soft food, such as yogurt or apple sauce for consumption.

The packaging is labeled for each day of the month. Each day, press out the 2 capsules and 1 softgel from the compartment labeled for that day of the month and take them with food. For example, on the first day of the month, remove the capsules and softgel from the compartment labeled #1; on the second day remove the capsules from the compartment labeled #2, and so on. If you choose to start taking the eye vitamins and omega-3 immediately and not follow the daily labeling, that is not a problem.

It is best to take one capsule and the softgel in the morning with food, and the other capsule in the evening, with food.

AREDS2 Eye Vitamins plus Omega-3 (\$2.00 additional charge per monthly supply)

Toll Free Phone 877-390-9452

Manufactured for and distributed by:
EVOA Supplements, Inc.
Prescott, AZ 86301