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SUGGESTED USE

Shake Well Before Using. 10 to 15 minutes before meals, spray 4 times into mouth, hold briefly to savor the complex flavors, then swallow.

Caution: Not for use in pregnancy or nursing. Not for long term use, do not exceed recommended dose.

Keep Out of the Reach of Children. Store away from heat and light.



BETTER BITTERS™

ABSINTHIUM



HERB PHARM®

HERBAL SUPPLEMENT 1 FL OZ (30 ML)

Supplement Facts

Serving Size: 0.6 ml

Servings: about 49

Amount Per Serving	% DV
Certified organic extract blend: 545 mg 	†
Wormwood leaf & flower (<i>Artemisia absinthium</i>) 	
Anise seed (<i>Pimpinella anisum</i>) 	
Fennel seed (<i>Foeniculum vulgare</i>) 	
Hyssop leaf & flower (<i>Hyssopus officinalis</i>) 	
Lemon Balm leaf (<i>Melissa officinalis</i>)  	
Cardamom seed with pod (<i>Elettaria cardamomum</i>) 	

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (61-71%), distilled water & certified organic vegetable glycerin. **NON-GMO & GLUTEN-FREE**

-  Certified Organic
-  Fresh (undried)
-  Extraction rate 60 mg fresh herb & 154 mg dry herb per 0.6 ml.

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Certified organic by Organic Certifiers