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SUGGESTED USE
SHAKE WELL BEFORE USING
Add 1 full squeeze of the dropper bulb
to 2 oz. of water or juice, 2 to 4 times
per day. Best taken between meals.
Caution: Seek expert medical advice
before taking during pregnancy.
Keep Out of the Reach of Children
Store away from heat & light

BLACK COHOSH

SYSTEM RESTORATION**Reproductive***

HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Black Cohosh Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
Black Cohosh rhizome w/rootlet (<i>Actaea racemosa</i>) © extract 590 mg ©	†
† Daily Value (DV) not established	

Other Ingredients: certified organic cane alcohol
(81-91%) & distilled water. **Non-GMO & Gluten-Free**

© Certified Organic

© Extraction rate 140 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 5

Prepared from the rhizome with rootlet of *Actaea
racemosa* plants which are **certified organically
grown** on our own farm or in eastern Kentucky.

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Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.