

MET-Rx® L-GLUTAMINE 1000

- Glutamine is a crucial component of muscle cells.**
- Intense exercise promotes Glutamine formation and release from muscle.**
- Supports recovery from workouts.**

DIRECTIONS:

For adults, take two (2) capsules two times daily, preferably before and after your workout. As a reminder, discuss the supplements and medications you take with your health care providers.

FREE OF: yeast, wheat, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium (less than 5 mg per serving).

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

MET-Rx®

L-GLUTAMINE 1000

»» THE REVOLUTIONARY SCIENCE OF RECOVERY** ««

»» **Anti-Catabolic****

»» **Supports Recovery from Workouts****

200 CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 100

Amount Per Serving	%Daily Value
L-Glutamine	2,000 mg (2 g) *

*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Magnesium Stearate, Silica.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MET-Rx®
Shaping Every Body.™

Manufactured by
MET-Rx Nutrition, Inc.
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Questions? Call toll free
1-800-55-MET-Rx
To learn more, please go to
www.MET-Rx.com

