

**NEW LARGER SIZE**

**Schiff**  
SINCE 1936

# Melatonin


**Ultra** 3 mg Melatonin  
Theanine, GABA & Herbal Blend



## 3 mg Melatonin

- ✓ Fall asleep fast\*
- ✓ Restful, relaxing sleep\*
- ✓ Wake up refreshed
- ✓ Drug free

**365 Tablets**  ACTUAL SIZE TABLET  
**Dietary Supplement**

**Quality**   
Schiff®  
GUARANTEED: No added sugar (sucrose, fructose, lactose), salt (sodium chloride), yeast, wheat, gluten or milk. No preservatives or artificial colors.  
GUARANTEED for purity, freshness and labeled potency.

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Store in a cool, dry place with lid tightly closed.  
cap is broken or missing  
Protected with a tamper evident seal. Do not use if seal under  
**KEEP OUT OF REACH OF CHILDREN.**  
Not to be taken by individuals under the age of 18.  
Do not use before or while operating a motor vehicle or heavy machinery.  
taking tranquilizers or sedatives or taking more than 10 mg of melatonin per day.  
use if under medical supervision, on prescribed medication, women, individuals with autoimmune conditions, depressive disorders, endocrine disorders, serious illness, or other drug use. Seek advice from your health care professional prior to use. Seek advice from your health care professional prior to use if under medical supervision, on prescribed medication, taking tranquilizers or sedatives or taking more than 10 mg of melatonin per day.  
Do not use before or while operating a motor vehicle or heavy machinery.

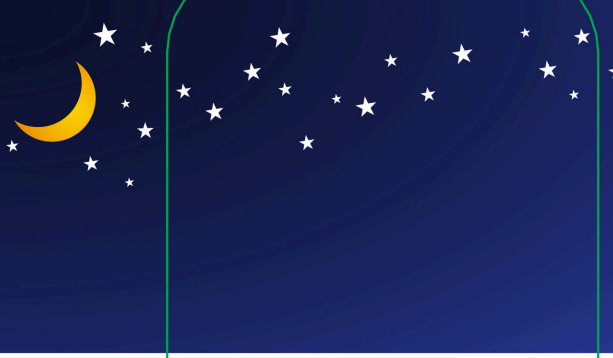
For information call: 1-800-526-6251  
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Rckitt Benckiser

**Distributed by:**  
stearate, natural flavor  
Other ingredients: cellulose, hydroxypropyl cellulose, coating (hydroxypropyl methylcellulose, modified corn starch, titanium dioxide, polyethylene glycol, magnesium trisilicate), silicon dioxide, croscarmellose sodium, stearic acid, magnesium stearate, natural flavor

**Supplement Facts**

Serving Size 1 Tablet	Amount Per Serving	% Daily Value
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	250%
Calcium (as dicalcium phosphate)	40 mg	4%
Melatonin	3 mg	†
L-Theanine	25 mg	†
Gamma-aminobutyric acid (GABA)	25 mg	†
Proprietary Herbal Blend	8.5 mg	†
Chamomile Extract ( <i>Matricaria chamomilla</i> )(flower)		
Valerian Extract ( <i>Valeriana officinalis</i> )(root)		
† Daily Value not established.		

**DIRECTIONS:** Adults take one (1) tablet at bedtime or as recommended by your healthcare professional.



ITEM #570941  
Schiff® SURE DISSOLVE tablets are formulated to disintegrate within one hour.

Schiff® Melatonin Ultra contains key nutrients that support healthy sleep and relaxation.\*  
Melatonin, produced naturally in the brain, signals the body to fall asleep. Over time, Melatonin production can decline.  
Taking Melatonin at bedtime helps support the body's natural sleep process so you can fall asleep, have a good night's sleep and wake up refreshed.\*  
GABA helps relieve day-to-day stress so you can wind down and relax in preparation for sleep.\*  
Vitamin B6 is used by the brain for the healthy production of GABA and Melatonin.