New Whey Nutrition Smart Gainer™ is the perfect formula for hard gainers and those looking for a "Clean Bulk." **Smart Gainer** combines the ideal formula of carbohydrates and protein to maximize muscle growth, mass and rapid recovery. **Smart Gainer** provides vital extra aminos and 3 grams of creatine for increased size and strength. Each serving also has over 7 grams of glutamine to support muscle recovery. **Smart Gainer** is the incredible tasting fuel that will promote the gains on ANY frame.†

MADE IN USA

SUGGESTED USE:

For best results, mix 2 heaping scoops of **Smart Gainer™** with 12 ounces of cold water or milk post-workout. Use as a supplement to a healthy diet to achieve desired muscle gain. May be taken anytime throughout the day to promote recovery and build mass†. Use an additional half to full serving 1-4 times per day. Consult your physician before taking this or any dietary supplement.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DISTRIBUTED BY:
NEW WHEY NUTRITION
5197 SW 33RD COURT, SUITE 100, DAVIE, FL 33314
866.315.9373 • NEWWHEYNUTRITION.COM

NEW WHEY NUTRITION

63g* PROTEIN PER SERVING | **28** SERVINGS PER CONTAINER | **840*** CALORIES PER SERVING

WORKOUT STAGE

PRE • DURING • **POST**

CHOCOLATE CARAMEL

MADE IN THE USA

SMART GAINER™

ISOLATE BLEND

DIETARY SUPPLEMENT - NET WT. 10 LBS (4.536g)

Supplement Facts

Serving Size 2 Heaping Scoops (166g)
Servings Per Container Approximately 28

Amount Per Serving	166g Smart Gainer	% DV †	*166g Smart Gainer With 12 oz. Whole Milk	% DV †
Calories	620		840	
Calories from Fat	45		155	
Total Fat	5g	8%	17g	26%
Saturated Fat	2.5g	13%	10.5g	52%
Cholesterol	120mg	40%	165mg	55%
Total Carbohydrate	99g	33%	110g	37%
Dietary Fiber	2g	8%	2g	8%
Sugars	46g		60g	
Protein	41g‡	78%	56g	100%
Vitamin A	2000IU	4%	6933IU	13%
Calcium	330mg	33%	733mg	73%
Iron	2.1mg	15%	2.7mg	15%
Sodium	320mg	13%	490mg	20%

† Percent Daily Values are based on a 2,000 calorie diet

‡ Dry Basis protein & protein nitrogen = 64g

Dry Basis protein & protein nitrogen with whole milk = 83g

Typical Amino Acid Profile Per Serving	
Alanine	1982mg
Arginine	1015mg
Aspartate	4870mg
Cystine	1077mg
Glutamine	7301mg
Glycine	971mg
Histidine	745mg
Isoleucine	2534mg
Leucine	4123mg
Lysine	3473mg
Methionine	943mg
Phenylalanine	1388mg
Proline	2410mg
Serine	2200mg
Threonine	1780mg
Tryptophan	804mg
Tyrosine	1192mg
Valine	2308mg

Ingredients: Whey protein concentrate, Maltodextrin, Fructose, Glycine, Cocoa (processed with alkali), Creatine monohydrate, Natural and artifical flavors, Soy lecithin, Acesulfame potassium, Calcium silicate, Guar gum, Tricalcium phosphate, Whey protein isolate, Sunflower oil, Medium chain triglycerides, Modified corn starch, Corn syrup solids, Sodium caseinate, Mono and diglycerides, Dipotassium phosphate, Enzyme blend

Contains: Milk, Soy

Processed in a facility that also processed Milk, Soy, Egg, Wheat, Tree Nuts.

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