

Calcium and Vitamin D help build and maintain strong bones.\* Adequate Calcium and Vitamin D are important factors that may reduce the risk of osteoporosis. A healthy diet and physical activity are also important in maintaining bone health. Schiff® Super Calcium 1200 mg also provides 800 IU Vitamin D per serving to help build healthy bones and teeth, reduce bone loss and improve the absorption of calcium.\*

**\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

*NOTE: If you are pregnant, lactating or on prescribed medication, consult your physician before using.*



**GUARANTEED:** No added sugar (sucrose, fructose, lactose), salt (sodium chloride), yeast, wheat, gluten or milk. No preservatives or artificial flavors.

**GUARANTEED** for purity, freshness and labeled potency.



Schiff. SURE DISSOLVE softgels are formulated to disintegrate within one hour.



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**Schiff**  
SINCE 1936

# Super Calcium

**NEW  
LOOK**

## 1200 mg

- ✓ Supports healthy bones & teeth\*
- ✓ 800 IU Vitamin D3 per serving for better calcium absorption

**120 Softgels**

**Dietary Supplement**



Directions: Take two (2) softgels daily or for best results, take one (1) softgel twice daily with a meal.

## Supplement Facts

Serving Size Two (2) Softgels  
Servings Per Container 60

Amount Per Serving	% Daily Value	
Calories	15	
Calories from Fat	10	
Total Fat	1.5 g	2%
Vitamin D (Vitamin D3 as cholecalciferol)	800 IU	200%
Calcium (as calcium carbonate)	1.2 g (1200 mg)	120%

\*Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Soybean oil, softgel (gelatin, glycerin, water, titanium dioxide), soy lecithin, beeswax.

**Contains soy.**

Distributed by: SCHIFF NUTRITION GROUP, INC.  
SALT LAKE CITY, UT 84104 USA  
For information call: 1-800-526-6251 (8am-5pm MST M-F)  
[www.schiffvitamins.com](http://www.schiffvitamins.com)

**KEEP OUT OF REACH OF CHILDREN.  
STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.**

**LOT:  
EXP:**

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