

Calcium and Vitamin D help build and maintain strong bones.* Adequate Calcium and Vitamin D are important factors that may reduce the risk of osteoporosis. A healthy diet and physical activity are also important in maintaining bone health. Schiff® Super Calcium 1200 mg also provides 800 IU Vitamin D per serving to help build healthy bones and teeth, reduce bone loss and improve the absorption of calcium.*



GUARANTEED: No added sugar (sucrose, fructose, lactose), salt (sodium chloride), yeast, wheat, gluten or milk. No preservatives or artificial flavors.

GUARANTEED for purity, freshness and labeled potency.



Schiff® SURE DISSOLVE softgels are formulated to disintegrate within one hour.



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Schiff
SINCE 1936

Super Calcium

**NEW
LOOK**

1200 mg

- ✓ Supports healthy bones & teeth*
- ✓ 800 IU Vitamin D3 per serving for better calcium absorption

60 Softgels

Dietary Supplement



Directions: Take two (2) softgels daily, or for best results, take one (1) softgel twice daily with a meal.

Supplement Facts

Serving Size Two (2) Softgels
Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	15	
Calories from Fat	10	
Total Fat	1.5 g	2%
Vitamin D (Vitamin D3 as cholecalciferol)	800 IU	200%
Calcium (as calcium carbonate)	1.2 g (1200 mg)	120%

*Daily Value not established.

Other ingredients: Soybean oil, softgel (gelatin, glycerin, water, titanium dioxide), soy lecithin, beeswax.

Contains soy.

Distributed by: SCHIFF NUTRITION GROUP, INC.
SALT LAKE CITY, UT 84104 USA

For information call: 1-800-526-6251 (8am-5pm MST M-F)
www.schiffvitamins.com

NOTE: If you are pregnant, lactating or on prescribed medication, consult your physician before using

**KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.**

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

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**LOT:
EXP:**