

Melatonin helps maintain regular sleeping patterns. Schiff® has added L-Theanine, a natural compound found in green tea, for its calming and stress relief properties. Melatonin Plus is also drug free.

★THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.



GUARANTEED: No added sugar (sucrose, fructose, lactose), salt (sodium chloride), yeast, wheat, gluten or milk. No preservatives or artificial flavors.

GUARANTEED for purity, freshness and labeled potency.



Schiff® SURE DISSOLVE tablets are formulated to disintegrate within one hour.



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Schiff
SINCE 1936

Melatonin Plus

3 mg Melatonin
25 mg Theanine

**NEW
LOOK**

3 mg Melatonin

- ✓ Supports normal sleep patterns*
- ✓ With Theanine

180 Tablets

Dietary Supplement



Directions: For best results, take one (1) tablet at bedtime or as recommended by your health care professional.

Supplement Facts

Serving Size One (1) Tablet

Amount Per Serving	% Daily Value	
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	500%
L-Theanine	25 mg	*
Melatonin	3 mg	*

*Daily Value not established.

Other Ingredients: Cellulose, dicalcium phosphate, coating (hydroxypropyl methylcellulose, modified corn starch, titanium dioxide, polyethylene glycol, magnesium trisilicate), calcium carbonate, croscarmellose sodium, magnesium stearate, silicon dioxide.

Manufactured by: SCHIFF NUTRITION GROUP, INC.

SALT LAKE CITY, UT 84104 USA

For information call:

1-800-526-6251 (8am-5pm MST M-F)

www.schiffvitamins.com

WARNING: Not intended for use by pregnant or lactating women, individuals with autoimmune conditions, depressive disorders, endocrine disorders, serious illness, or other drug use. Seek advice from your health practitioner prior to use if under medical supervision, taking tranquilizers or sedatives or taking more than 10 mg of melatonin per day. Do not use before or while operating a motor vehicle or heavy machinery. Not to be taken by individuals under the age of 18.

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**LOT:
EXP:**