Prod. No. 7554 Directions: For adults, take three (3) tablets daily, preferably

No Egg. No Sugar, No Artificial Flavor.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to bees, bee products. sunflowers or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Store at room temperature. Do not use if seal under cap is broken or missing.

WARNING: Accidental overdose of iron-containing products is a loading course of fatal prisoning in children under six KEED THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or Poison Control Center immediately.

Pycnogenoi® is a reg. TM of Horphag Research Ltd. Use of this product may be protected by one or more U.S. patents and other international

Ester-C^o is a licensed TM of The Ester C Company; U.S. Pat. Nos 6.197.813 and 6.878.744.

Carefully Manufactured by AMERICAN HEALTH, INC. Ronkonkoma, NY 11779 U.S.A. Visit www.AmericanHealthUS.com for our complete line of products © 2015 American Health Inc.

07I B52193

AMERICAN HEALTH



MULTIVITAMIN FORMULA



OMEGA 3 & 6 LIPIDS PHYTONUTRIENTS & HERBS **VEGETABLE & CITRUS COMPLEXES**

120 TABLETS DIFTARY SUPPLEMENT Amount Per Serving

Supplemen	t Fa	cts	Amount Per Serving	%Daily	Yals
ving Size 3 Tablets vings Per Container 40			Manganese las Manganese Gluconal	e) 5 mg	250
		_	Chromium (as Chromium Picolinate)	50 mcg	42
ount Per Serving	%Dail	ly Value	Sodium	10 mg	
ories	5	_	Potassium (as Potassium Citrate)	49.5 mg	- 1
el Carbohydrafe	10	<1%*	Boran (as Boran Citratri)	1 mg	-
ımin A (as Beta-Carotene)	13,000 IJ	200%			_
min C	500 mg	833%	Methionine	18.75 mg	_
s Ascorbic Acid, Ester-O® Calc			Inceltel	37.5 mg	
min D (as D3 Cholecalciferol)	400 IU	100%	PABA (Para-Aminobenzoic Acid)	37.5 mg	
	200 IJ	667%	Choline Bitartrate	37.5 mg	
s d-Alpha Tocopheryl Acid Succ	inate)		Rutin	25 mg	
amin (Vitamin 8-1) s Thiamin Mononitrate)	37.5 mg	2,500%	Citrus Bioflavonoids (Citrus Nimon, Citrus sinensis) (truit	150 mg and peel)	
oflavin Yamin B-2) (as Riboflavin 5' Ph	37.5 mg osphala)	2,206%	Hesperidin Complex (Citus spp.)(peel)	25 mg	
cin (as Niacinamide)	37.5 mg	188%	Betaine Hydrochloride	25 mg	
min 8-6	37.5 mg	1,875%	Bromelain	8.25 mg	
s Pyridoxine Hydrachlaride)			Pagain	8.25 mg	
ic Acid	400 mcg		Eleuthera Root (Brutheraccocus senticos		
ımin 8-12 (as Cyanocobalamin)	37.5 mg		I-Glutamine	10 mg	
fin (as d-Biotin)	400 mg	133%	Taurine	5 mg	
tothenic Acid	37.5 mg	375%	Probiotic Comoley	12.5 mg	
s d-Calcium Pantothenate)			(L. acidophilus, L. bulgaricus and B.		
cium	500 mg	50%	Coeszyme Q-10	3 mg	
s Calcium Carbonate and Calcius			Bee Pollen	15.5 mg	
(as Ferrous Furnarate)	15 mg	83%	Spirulina Chlorella (Chloreah/lins)	30 mg	-
ine (from Kelp)	75 mag			15.5 mg	-
gnesium	250 mg	63%	Bee Propolis		_
			1-Glutathionine	10 mo	

as Magnesium Oxide and Magnesium Citrate)

%Daily Value

1,000 mcg (1 mg)

1.600 mcg (1.6 mg)

ing %Daily Value		Amount Per Serving		
ganese Glucona	te) 5 mg	250%	Royal Jelly	- 3
mium Picolinate	50 mg	42%	Licerice Extract (Glycymhizin)	12.5
	10 mg	4%	(Glycynthia glabra) (100f)	
ssium Citrate)	49.5 mg	1%	Bilberry Extract (Anthocyanins) Naccinium styrfilusi (huit)	123
rate)	1 mg		Pycnogenol® (Pinus pinaster)	-
	18.75 mg	**	(French Maritime Pine Bark Ex	tracti
	37.5 mg	- 11	Echinacea/Goldenseal (Echinacosis	
benzoic Acid)	37.5 mg	**	Echinaces angustibilal insolviti	
	37.5 mg		Garlic (Allum sativum) (bulb)	55
	25 mg		Polyphenol Camples	- 13
	150 mg	**	(Fed Wire Extract /Wis viniteralige	ge skir
furf) (siznania a	and peel)		(Camellesinensis)(leaf)	
e e	25 mg		Vegetable Complex (From Beet Root, Wild Yam Ro	
ide	25 mg		Brussels Sprouts (aerial), Carr (whole plant), Broccoli (whole	ot Ra
	8.25 mg		Citrus Camples	5
	8.25 mg		(From Lemon Ifruit), Grange P.	
tercoms serios	asi 25 mo	**	Grapefruit Seed)	
	10 mg	**	Mushroom Complex	- 2
	5 mg	**	(From Maltake, Reishi, Shiltak	t)
	12.5 mg	**	Vitamin Co-Factor Complex	3,300
bulgarious and B	bildure)		(Pyridoxal 5' Phosphate (Vitar	nin 8-
	3 mg	**	and Pantethine (Pantothenic A	
	15.5 mg	**	Lycopene	1,000
(Chlorephyllins)	30 mg		Latein	1,000

- Alpha Lippic Acid

Other Ingredients: Vegetable Cellulose, Gelatin, Calcium Silicate, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Red Cabbage, Titanium

Dioxide Color, Natural Palm Leaf Glaze. Contains milk, wheat and fish (anchovy, sardine) ingredients.

C------ E----

Supplement F	acts	
Serving Size 3 Tablets		
Servings Per Container 40		
Amount Per Serving	%Daily	/ Value
Calories	5	
Total Carbohydrate	1 g	<1%**
Vitamin A (as Beta-Carotene)	10,000 IU	200%
Vitamin C	500 mg	833%
(as Ascorbic Acid, Ester-O® Calcium Ascorbate)		
Vitamin D (as D3 Cholecalciferol)	400 IU	100%
Vitamin E (as d-Alpha Tocopheryl Acid Succinate)	200 IU	667%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	37.5 mg	2,500%
Riboflavin (Vitamin B-2) (as Riboflavin 5' Phosphate)	37.5 mg	2,206%
Niacin (as Niacinamide)	37.5 mg	188%
Vitamin B-6 (as Pyridoxine Hydrochloride)	37.5 mg	1,875%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	37.5 mog	625%
Biotin (as d-Biotin)	400 mog	133%
Pantothenic Acid (as d-Calcium Pantothenate)	37.5 mg	375%
Calcium	500 mg	50%
(as Calcium Carbonate and Calcium Citrate)	-	
Iron (as Ferrous Fumarate)	15 mg	83%
lodine (from Kelp)	75 mcg	50%
Magnesium	250 mg	63%
(as Magnesium Oxide and Magnesium Citrate)		
Zinc (as Zinc Citrate)	25 mg	167%
Selenium (as L-Selenomethionine)	50 mcg	71%
Copper (as Copper Gluconate)	1 mg	50%
Manganese (as Manganese Gluconate)	5 mg	250%
Chromium (as Chromium Picolinate)	50 mcg	42%
Sodium	10 mg	<1%
Potassium (as Potassium Citrate)	49.5 mg	1%
Boron (as Boron Citrate)	1 mg	
Methionine	18.75 mg	***
Inositol	37.5 mg	***
PABA (Para-Aminobenzoic Acid)	37.5 mg	***
Choline Bitartrate	37.5 mg	
Butin	25 mg	
Citrus Bioflavonoids	150 mg	
(Citrus limon, Citrus sinensis) (fruit and peel)		
Hesperidin Complex (Citrus spp.) (peel)	25 mg	***
Betaine Hydrochloride	25 mg	***
Bromelain	8.25 mg	***
Divilipani	o.eo mg	

8.25 mg

Amount Per Serving	%Daily va	luc
Eleuthero Root (Eleutherococcus senticosus)	25 mg	**
L-Glutamine	10 mg	**
Taurine	5 mg	**
Probiotic Complex	12.5 mg	••
(L. acidophilus, L. bulgaricus and B. bifidum)		
Coenzyme Q-10	3 mg	**
Bee Pollen	16.5 mg	**
Spirulina/Chlorella (Chlorophyllins)	30 mg	**
Bee Propolis	16.5 mg	**
L-Glutathionine	10 mg	**
Wheat Grass/Barley Grass (Chlorophyllins)	30 mg	**
Fish Oil and Borage Oil	233 mg	**
(containing Omega-3 and Omega-6 Lipids)		
Royal Jelly	3 mg	
Licorice Extract (Glycyrrhizin) (Glycyrrhiza glabra) (ro	ot) 12.5 mg	**
Bilberry Extract (Anthocyanins) (Vaccinium myrtillus) (fruit)	12.5 mg	**
Pycnogenol® (Pinus pinaster) (French Maritime Pine Bark Extract)	5 mg	
Echinacea/Goldenseal (Echinacosides)	30 mg	••
(Echinacea angustifolia) (root)/(Hydrastis canadens		
Garlic (Allium sativum) (bulb)	55 mg	**
Polyphenol Complex (Red Wine Extract (Vitis vinifera) (grape skin), Gree (Camellia sinensis) (leafl)	15 mg en Tea Extract	**
Vegetable Complex (From Beet Root, Wild Yam Root, Celery Seed, Bru (aerial), Carrot Root, Cauliflower (whole plant), Bro		••
Citrus Complex	50 mg	**
(From Lemon (fruit), Orange Peel, Lime (fruit), Grap	efruit Seed)	
Mushroom Complex (From Maitake, Reishi, Shiitake) 15 mg	••
Vitamin Co-Factor Complex (Pyridoxal 5' Phosphate (Vitamin B-6 Co-Factor) ar (Pantothenic Acid Co-Factor))		
Lycopene	1,000 mcg (1 mg)	**
Lutein (Purified from Extracted Marigolds)	1,000 mcg (1 mg)	**

Percent Daily Values are based on a 2.000 calorie diet ***Daily Value not established

Alpha Lipoic Acid

Other Ingredients: Vegetable Cellulose, Gelatin, Calcium Silicate, Vegetable Steari Acid. Vegetable Magnesium Stearate, Red Cabbage, Titanium Dioxide Color, Natural Contains milk, wheat and fish (anchovy, sardine) ingredients.

No Egg. No Sugar, No Artificial Flavor, "These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

AMERICAN (*) HEALTH*



CONCENTRATES

MULTIVITAMIN FORMULA



OMEGA 3 & 6 LIPIDS PHYTONUTRIENTS & HERBS VEGETABLE & CITRUS COMPLEXES



120 TABLETS DIETARY SUPPLEMENT

Prod. No. 7554 More Than A Multiple™ is an energy-rich mega-potency multivitamin developed on the principle that concentrates derived from whole foods are really the best approach to proper nutrition in a supplement form. In addition to essential vitamins and minerals, More Than A MultipleTM supplies your body with naturally occurring nutrients from whole foods not found in many supplements. These energy-rich whole foods work synergistically with other nutrients to provide extra nutritional support in one convenient formula.



With More Than A Multiple™'s exclusive timed-release formula, your body receives both immediate and extended nutritional support hour

This mega-potency multivitamin featuring energy-rich whole food

- . Over 40 vitamins, minerals, amino acids, phytonutrients, enzymes,
- bioflavonoids and herbs that work together to promote overall good
- Omega-3 & Omega-6 lipids, essential for balanced health* . Natural whole food vegetable concentrate, citrus and
- mushroom complexes
- . All the nutritional support you need daily for optimum wellness*

Directions: For adults, take three (3) tablets daily, preferably before meals,

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, including blood thinners, planning any medical or

surgical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to bees, bee products, sunflowers or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Store at room temperature. Do not use if seal under cap is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or Poison Control Center immediately. Pycnogenol[®] is a reg. TM of Horphag Research Ltd. Use of this product may be protected by

one or more ILS natents and other international natents Ester-C[®] is a licensed TM of The Ester C Company: U.S. Pat. Nos. 6,197,813 and 6,878,744.

Carefully Manufactured by AMERICAN HEALTH, INC., Ronkonkoma, NY 11779 U.S.A. 800-445-7137 Visit www.AmericanHealthUS.com for our complete line of products © 2015 American Health, Inc. 07I B52193