



DigestZen

TerraZyme®

Digestive Enzyme Complex
Supports healthy digestion
and metabolic processes*

90 Vegetable Capsules
Dietary Supplement

dōTERRA

Supplement Facts

Serving Size: 3 vegetable capsules

Servings per container: 30

Amount Per Serving	% DV
Protease (as Aspergillus)	75,000 HUT **
Amylase (as Aspergillus)	24,000 SKB **
Lipase (as Rhizopus)	1,200 LU **
Lactase (as Aspergillus)	600 ALU **
Alpha Galactosidase (as Aspergillus)	300 GALU **
Cellulase (as Trichoderma)	300 CU **
Maltase (as Barley Malt)	300 DP **
Sucrase (as Saccharomyces)	300 SU **
Betaine HCL	30 mg **

Patented* Enzyme Assimilation System: 155 mg
Coral Calcium, Magnesium yeast, Manganese yeast,
Zinc yeast, 72 organic trace minerals

dōTERRA Tummy Tamer™ Blend: 420 mg
Peppermint leaf, Ginger root, Caraway seed

** Daily Value not established.

Other ingredients: Vegetable hypromellose, vegetable cellulose.

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dōTERRA's TerraZyme is a proprietary blend of whole-food digestive enzymes and mineral cofactors that are often deficient in cooked, processed, and preservative-laden foods. TerraZyme supports healthy digestion, enzymatic function and cellular metabolism.*
(Made with HPMC vegetable capsules.)

Directions for use: Take 1 to 3 capsules with meals.

Note: Pregnant or lactating women, and people with known medical conditions should consult with a physician prior to taking supplements. Does not contain wheat, milk or gluten. Store in a cool, dry place.

Manufactured in the U.S.A. exclusively for dōTERRA Int'l, LLC
Pleasant Grove, UT 84062. 1-800-411-8151.

* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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