

Manganese supports bone health and plays a role in joint health.* Manganese-containing enzymes are needed for healthy cartilage production.* Manganese also nourishes nerves and works with Super Oxide Dismutase (SOD) to function as an antioxidant in cells.* This formulation provides a patented form of chelated manganese.

†US Patent No.'s 6,706,904 and 6,716,814 licensed by Albion International, Inc.

Carefully Manufactured by:
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CHELATED MANGANESE

SUPPORTS BONE, JOINT
& NERVE HEALTH*



NON-GMO
GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGANS



100 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	%DV
Manganese 8 mg (as manganese glycinate amino acid chelate†)	348%

DV = Daily Value

Other Ingredients: Dicalcium Phosphate,
Microcrystalline Cellulose, Vegetable
Cellulose, Vegetable Magnesium Stearate.

**FREE OF: Gluten, Wheat, Dairy, Soy,
Yeast, Sugar, Sodium, Artificial
Flavor, Sweetener, Preservatives
and Color.**

SUGGESTED USE: As a dietary
supplement for adults, take one
(1) tablet daily, preferably with a
meal or as directed by a healthcare
practitioner.

If you are pregnant, nursing, taking
any medications or have any medical
condition, please consult your healthcare
practitioner before taking any dietary
supplement. Discontinue use and consult
your healthcare practitioner if any adverse
reactions occur. Keep out of reach of
children. Store at room temperature.
Do not use if outer bottle seal is missing
or damaged.

Solgar's KOF-K certification # K-1250

*These statements have not been evaluated by the Food
and Drug Administration. This product is not intended to
diagnose, treat, cure or prevent any disease.

