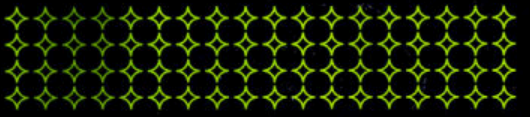
dōTERRA
women

bone nutrient

LIFETIME COMPLEX™

Supports healthy bone density levels in women*



DIETARY SUPPLEMENT 120 VEGETABLE CAPSULES

dōTERRA® Women Bone Nutrient Lifetime Complex™ is a blend of vitamins and minerals essential for bone health including bioavailable forms of vitamins C and D, and minerals calcium, magnesium, and other trace minerals that support healthy bone density throughout a woman's many life stages. Bone Nutrient Lifetime Complex can be taken in conjunction with dōTERRA Women Phytoestrogen Lifetime Complex™ and dōTERRA's Lifelong Vitality Pack.

DIRECTIONS FOR USE: Teen and adult women, take four (4) capsules daily with food.

NOTE: Pregnant or lactating women, and people with known medical conditions should consult with a physician prior to taking supplements. Does not contain wheat or milk products.

Store in a cool, dry place.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size: 4 vegetable capsules
Servings per container: 30

	Amount Per Serving	% DV
Vitamin C (as glycoprotein matrix)	90 mg	150%
Vitamin D-2 (as ergocalciferol)	160 IU	40%
Vitamin D-3 (as cholecalciferol	650 IU	160%
Biotin (as d-biotin)	300 mcg	100%
Calcium (as coral calcium	1000 mg	100%
Magnesium (as magnesium chelate)	400 mg	100%
Zinc (as yeast)	9 mg	60%
Copper (as yeast)	200 mcg	10%
Manganese (as yeast)	200 mcg	10%
Boron (as yeast)	2 mg	**

** Daily Value not established

Other Ingredients: Vegetable hypromellose, rice flour, vegetable stearate.

Manufactured in the U.S.A exclusively for dōTERRA Intl, LLC, 370 West Center, Orem, UT 84057. For customer support, call (801) 615-7200

883524/2 3524