

RISH MOSS POWDER

Metabolism + Minerals + Alkaline







454g (1 lb) Dietary Supplement

ORGANIC RAW **IRISH MOSS POWDER**

Irish moss grows in cold, Irish waters, and is a commonly used as a thickening addition to recipes because of its low caloric and sugar content. Irish moss is filled with protein, fiber, and is a rich source of Iodine/Potassium iodine (KI), a mineral that supports thyroid health and metabolism. Our raw Irish Moss Powder also promotes a healthy alkaline pH balance and immunity.†

Raw • Vegan • Gluten-Free • Chemical-Free • Non GMO • Organic

WHO SHOULD USE IRISH MOSS POWDER?

Anyone looking to reap the metabolism and immune system benefits Irish moss .1

BENEFITS:

Metabolism support, healthy pH-balance, immunity, fiber, protein, iodine.†

irish moss powder (raw – organic)

Suggested Use: Take 1/2 teaspoon 1-3 times daily, or add to a favorite recipe.

poudre de mousse d'irlande (crue — biologique)
Suggestion d'Utilisation: Prendre 1/2 de cuillère à café 1-3 fois par jour ou ajoutez-la à vos recettes préférées.

muschio irlandese in polvere (crudo - biologico)

Uso Raccomandato: Prendere 1/2 di cucchiaino 1-3 volte al giorno o aggiungere alle vostre ricette preferite.

irish moss pulver (roh – biologisch)

Empfohlene Anwendung: Nehmen Sie 1/2 Teelöffel 1-3 Mal täglich oder geben Sie es in Ihr Lieblingsrezept.

musgo irlandés en polvo (crudo - orgánico)

Uso Sugerido: Tome 1/2 cucharadita de 1-3 veces al día, o añadir a su receta favorita.

musgo irlandês em pó (cru - orgânico)

Sugestão de Uso: Tome 1/2 colher de chá 1 -3 vezes por dia, ou adicione numa receita favorita.



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Nutrition Facts

Serving Size: 1/2 tsp. (1.4g) Servings Per Container: 323

Amount Per Serving	
Calories 5	Calories from Fat 0
9	% Daily Values*
Total Fat Og	0%
Saturated Fat Og	0%
Trans Fat 0 g	
Cholesterol Omg	0%
Sodium 7mg	0%
Total Carbohydrate 1g	0%
Dietary Fiber Og	0%
Sugars 0g	
Protein Og	0%
Vitamin A 5mg	1%
Vitamin C	1%
Calcium 3mg	0%
Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Ingredients: Organic Raw Irish Moss. **Botanical Source:** Chrondrus crispus.

Warning: If you are pregnant or lactating, consult a health care professional before using this product. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. Do not use this product if the seal on the package is broken.