

Caution: This product should not be consumed by children under the age of 12 years or by women who are pregnant, attempting to become pregnant, or nursing. Do not use if suffering from gastrointestinal (GI) disorders such as ulcers, irritable bowel syndrome, Crohn's disease, ulcerative colitis, or celiac disease. Do not take this product if you are taking any prescription drugs, or are being treated for depression, scleroderma, Parkinson's disease, auto-immune, endocrine, diabetes, blood clotting, or seizure disorders. This product may cause drowsiness and should not be used while driving or operating heavy equipment. Some may experience GI upset—including abdominal cramping, nausea, or diarrhea—while taking this product. If discomfort persists discontinue use. Do not exceed the recommended dose. Contains no sugar, salt, yeast, wheat, gluten, soy, dairy products, artificial flavors, preservatives or ingredients of animal origin.

LZPK10285.B01 BLK8819B



SLEEP RESET™

RESTFUL SLEEP BLEND

ORANGE FLAVORED

NET WT 0.14 oz DRINK MIX

DIETARY SUPPLEMENT

Supplement Facts Serv Size 1 sachet (0.14 oz), **Amount per sachet:** Calories 15, Total Carbohydrate <1g (<1%†), Vitamin B6 (as pyridoxine HCl) 50mg (2,500% DV), Glycine 3g**, Proprietary Blend (L-5-Hydroxytryptophan (5-HTP), L-Theanine and Theracurmin® (water-dispersible turmeric (*Curcuma longa*) rhizome) 300mg**, Melatonin 3mg*. †Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: natural flavors, citric acid, silicon dioxide, xanthan gum, radish juice concentrate (color)

Recommendation: Mix the contents of 1 sachet with 4-6 oz. of water 30 minutes before bedtime or as recommended by your healthcare professional. May be mixed with hot liquids if preferred.

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