

 **women's multi-vitamin**
Suggested Daily Intake: Take 4 capsules per day.

 **multi vitamines pour femmes**
Dosage Journalier Recommandé: Prendre 4 capsules par jour.

 **multivitamina per le donne**
Consumo Quotidiano Raccomandato: Prendere 4 capsule al giorno.

 **multivitamine für frauen**
Vorgeschlagene tägliche Einnahme: Nehmen Sie täglich 4 Kapseln.

 **multivitamina para mujeres**
Dosis diaria recomendada: Tome 4 cápsulas al día.

 **multivitamina feminina**
Dose Diária Recomendada: Tome 4 cápsulas por dia.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately. If you are pregnant or lactating, consult a health care professional before using this product. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. Do not use this product if the safety seal on the bottle is broken.

BIOVEA®

women's multi-vitamin

guaranteed premium quality

dietary supplement

120 vegetarian capsules



Supplement Facts

Serving Size: Four (4) Vegetarian Capsules
Servings per Container: 30

	Amount Per Serving	% DV*
Vitamin A (100% as beta-carotene)	10000 IU	200%
Vitamin C (from calcium ascorbate)	500 mg	833%
Vitamin D (as cholecalciferol)	200 IU	50%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU	667%
Vitamin K (as menaquinone)	25 mcg	31%
Thiamine (as thiamine mononitrate)	50 mg	3333%
Vitamin B ₂ (riboflavin)	50 mg	2941%
Niacin (as niacinamide)	50 mg	250%
Vitamin B ₆ (as pyridoxine HCl)	50 mg	2500%
Folate (folic acid)	400 mcg	100%
Vitamin B ₁₂ (as cyanocobalamin)	100 mcg	1667%
Biotin	100 mcg	33%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	500%
Calcium (from calcium carbonate and calcium ascorbate)	135 mg	13%
Iron (from amino acid chelate)	10 mg	55%
Iodine (from kelp)	150 mcg	100%
Magnesium (from magnesium oxide and amino acid chelate)	50 mg	13%
Zinc (from amino acid chelate)	15 mg	100%
Selenium (from amino acid chelate)	50 mcg	71%
Copper (from amino acid chelate)	1 mg	50%
Manganese (from amino acid chelate)	5 mg	250%
Chromium (from yeast-free GTF)	100 mcg	83%
Molybdenum (from amino acid chelate)	50 mcg	67%
Potassium (from amino acid chelate)	50 mg	1%

Amount Per Serving % DV*		
Spirulina	250 mg	*
Chlorella (broken cell wall)	250 mg	*
Barley Grass (organic)	250 mg	*
Alfalfa Juice Concentrate	100 mg	*
Amino Acids 17 (from soy protein)	65 mg	*
Choline Bitartrate	50 mg	*
Inositol	50 mg	*
Eleuthero (<i>Eleutherococcus senticosus</i>) (root)	50 mg	*
Citrus Fruit Peels Extract (35% total bioflavonoids)	50 mg	*
Psyllium Husk Fibre	50 mg	*
<i>Echinacea purpurea</i> (root)	50 mg	*
PABA	30 mg	*
Rutin	25 mg	*
Apple Pectin	25 mg	*
Betaine HCl	25 mg	*
Glutamic Acid HCl	25 mg	*
Papain (papaya) (NLT 2,000USP/mg)	25 mg	*
Lipase (25,000 FIP/Gram)	10 mg	*
Amylase (25,000 SKB/Gram)	10 mg	*
Chlorophyll (from sodium copper chlorophyllin)	9 mg	*
Boron (from amino acid chelate)	1 mg	*
Octocosanol (wheat free)	100 mcg	*
Vanadium (from amino acid chelate)	50 mcg	*

*Daily Value (DV) not established.
†Percent Daily Value based on a 2,000 calorie diet.

Other Ingredients: HPMC capsule, cellulose, stearic acid (vegetable source), croscarmellose sodium, silica, magnesium stearate (vegetable source), alfalfa, rose hips and vegetable coating.

Allergen Information: Amino Acid Chelate contains soy derivative.