





New Whey Nutrition Multi-Pro Whey™ provides 24 grams of protein Acids (BCAAs): Leucine, Isoleucine and Valine, to promote superior muscle growth and repair.1

Each scoop also has 4 grams of Glutamine to maximize recovery. support new muscle growth, reduce soreness and improve protein metabolism.+

Multi-Pro Whey has a unique combination of fast-medium and slow-digesting proteins to deliver maximum nutrient absorption. Multi-Pro Whey is the perfect product for any time of the day. It is

SUGGESTED USE:

DISTRIBUTED BY:

For best results, mix 1-2 scoops of Multi-Pro Whey with 6 ounces of cold water and drink post-workout. May also be taken anytime throughout the day to promote recovery and help build lean musclet. Consult your physician before taking this or any dietary supplement.



PER SERVING



WORKOUT STAGE

PRE | DURING | POST



BELGIAN CHOCOLATE



Supplement Facts

Serving Size 1 Scoop (34g) Servings Per Container: Approximately 66

| Amount Per Serving | % Daily Values I | |
|--------------------|------------------|-----|
| Calories | 130 | |
| Calories from Fat | 20 | |
| Total Fat | 2.5g | 4% |
| Saturated Fat | 1g | 5% |
| Cholesterol | 70mg | 23% |
| Total Carbohydrate | 4g | 1% |
| Dietary Fiber | 1g | 4% |
| Sugars | 2g | |
| Protein | 24g | 48% |
| Calcium | 100mg | 10% |
| Sodium | 115mg | 5% |
| Potassium | 200mg | 6% |

| Percent Daily Va | Percent Daily Values are based on a 2,000 calorie diet | | | |
|--------------------|--|---------|---------|--|
| | Calories: | 2,000 | 2,500 | |
| Total Fat | Less Than | 65q | 80g | |
| Sat Fat | Less Than | 20a | 25g | |
| Cholesterol | Less Than | 300mg | 300ma | |
| Sodium | Less Than | 2,400mg | 2,400mg | |
| Potassium | Less Than | 3,500mg | 3,500mc | |
| Total Carbohydrate | | 300a | 375mg | |
| Dietary Fiber | | 25g | 30a | |

| Calories per gram: | | | |
|----------------------|---|---------|--|
| Fat 9 · Carbohydrate | 4 | Protein | |

| Alanine | 1187mg | |
|---------------|---------|--|
| Arginine | 561mg | |
| Aspartate | 3160mg | |
| Cystine | 683mg | |
| Glutamine | 4288mg | |
| Glycine | 436mg | |
| Histidine | 436mg | |
| Isoleucine | 1473mg | |
| Leucine | 244 fmg | |
| Lysine | 2145mg | |
| Methionine | 591mg | |
| Phenylalanine | 810mg | |
| Proline | 1412mg | |
| Serine | 1186mg | |
| Threonine | 609mg | |
| Tryptophan | 588mg | |
| Tyrosine | 719mg | |

Ingredients: Whey protein concentrate, Cocoa (processed with alkali), Whey protein isolate, Whey protein permeate, Salt, Micellar casein, Taurine, Soy lecithin, Acesulfame potassium,

Contains: Milk, Soy

Processed in a facility that also processed Milk, Soy, Egg, Wheat, Tree Nuts.

REV A



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DIETARY SUPPLEMENT - NET WT. 5 LBS (2,268g)