

New Whey Nutrition Multi-Pro Whey™ provides 24 grams of formula provides more than 5 grams of naturally occurring Branched Chain Amino Acids (BCAAs): Leucine. Isoleucine and Valine, to promote superior muscle growth





Each scoop also has 4 grams of glutamine to maximize recovery, support new muscle growth, reduce soreness and improve protein metabolism.+

Multi-Pro Whey has a unique combination of fast-medium and slow-digesting proteins to deliver maximum nutrient absorption. Multi-Pro Whey is the perfect product for any time of the day. It is high protein, low in carbohydrates.

## SUGGESTED USE:

For best results, mix 1-2 scoops of Multi-Pro Whey with 6 ounces of cold water and drink post-workout. May also be taken anytime throughout the day to promote recovery and help build lean muscle! Consult your physician before taking this or any dietary supplement.



PER SERVING

CONTAINER



WORKDUT STAGE

PRE • DURING • POST

MADEIN THE USA

m П

ш

## Supplement Facts

Serving Size 1 Scoop (34g) Servings Per Container: Approximately 26

Amount Per Serving	% Daily Values	
Calories	140	
Calories from Fat	20	
Total Fat	2.5g	4%
Saturated Fat	1g	5%
Cholesterol	70mg	23%
Total Carbohydrate	4g	1%
Sugars	3g	
Protein	24g	48%
Calcium	100mg	10%
Sodium	75mg	3%
Potassium	130ma	4%

Percent Daily Values are based on a 2,000 calorie diet Calories: 2,000 2,500

Total Fat Sat Fat	Less Than	65g 20g	80g
Cholesterol	Less Than	300mg	25g 300mg
Sodkim	Less Then	2.400mg	2.400mg
Potassium	Less Than	3.500mg	3.500mg
Total Carbohydran		300n	375ma
Dietary Fiber		25g	30g
Calories per gram			
Fat 9 - Carbohydn	ate 4 • Protein 4		
Fat 9 - Carbohydn	ete 4 • Protein 4 I Protite Per Serving		
Fat 9 - Carbohydn			
Fat 9 - Carbohydri Typical Amino Acid	Profile Per Serving		
Fat 9 - Carbohydn Typical Amino Acid Alarine	Profile Per Serving		
Fat 9 • Carbohydn Typical Amino Acid Alarine Arginine	Profile Per Serving 1187mg 561mg		
Fat 9 - Carbohydn Typical Amino Acid Alanine Arginine Aspartate Cystine Gasternine	1 Profile Per Serving 1187mg 561mg 5100mg 860mg 4239mg		
Fat 9 - Carbohydn Typical Amino Acid Alanine Arginine Aspartate Cystine	Profile Per Serving 1187mg 561mg 3160mg 665mg		

591mg 510mg 1412mg 1180mg

588mg 719mg

Institute
Institution
Leucine
Lysine
Methionine
Pharrytstanine
Proline
Serine
Threonine

Tryptophen Typosine Valine

Ingredients: Whey protein concentrate, Natural flavor, Whey protein isolate, Whey protein permeate, Micellar casein, Taurine, Soy lecithin,

Contains: Milk. Sov

Processed in a facility that also processed Milk. Sov. Egg. Wheat, Tree Nuts.

REV A



DIETARY SUPPLEMENT - NET WT. 2 LBS (900g)