NO YEAST, NO WHEAT, NO GLUTEN, NO MILK OR MILK DERIVATIVES. NO LACTOSE, NO SUGAR. NO PRESERVATIVES, NO SOY. NO ARTIFICIAL FLAVOR, NO SODIUM.

NO ARTIFICIAL COLOR.



FINEST NUTRITION

NERVOUS SYSTEM HEALTH*

B-12 VITAMIN

PER TABLET

SUPPORTS **ENERGY METABOLISM***

DIETARY SUPPLEMENT

500 mcg

100 TABLETS • ONE PER DAY

USE ONLY IF INNER SEAL IS NOT BROKEN OR MISSING.

SUGGESTED USE: As a dietary supplement for adults, take one (1) tablet daily with the meal of your choice.

Supplement Facts

Serving Size 1 Tablet (as Cyanocobalamin)

Amount Per Serving % Daily Value Vitamin B-12 500 mca 8.333%

INGREDIENTS: Cellulose (Plant Origin), Mannitol, Croscarmellose, Vegetable Stearic Acid. Contains <2% of: Silica. Vegetable Magnesium Stearate.

WARNING: If you are pregnant, nursing a baby or considering becoming pregnant, ask a doctor before using this product. If you take a prescription medication or have any medical condition, consult a physician before using this product.

Keep out of reach of children. Store at room temperature, tightly closed.

Laboratory tested to release nutrient within 30 minutes.

Vitamin B-12 contributes to normal nervous system function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

(Questions or comments? 1-800-925-4733

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