

SUGGESTED USE:[†] Take 3 tablets, 2 times per day.

WHAT ARE AMINO ACIDS?

Amino 4 Hour™ contains Amino Acids, which are the basic building blocks of protein. Amino Acids ensure that all cells, tissues, organs in our bodies have a readily supply of protein as well as aid in repair, growth and development of muscle tissue.[†]

HOW LONG DOES AMINO 4 HOUR™ LAST?

During the manufacturing process, Amino 4 Hour™ undergoes a special process to glaze each tablet with a film coat. This coating prevents stomach acid from dissolving the Amino tablet. Therefore the Amino tablet is passed into the small intestine where it is does not have to compete with other nutrients and is better absorbed into your blood stream. The digestion in the small intestine will take up to 4 hours, therefore allowing your muscles to benefit from the nutrients during the entire digestion period.[†]

WARNING: Consult a physician before using this product. Keep out of the reach of children. Store in a cool, dry place 15°–30°C (59°–86°F). Not intended for persons under 18 years of age. Do not use if you are pregnant or nursing, have a heart disease or thyroid disease, hypertension, or are taking a monoamine oxidase (MAO) inhibitor. Do not use if tamper-evident seal is broken.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



★★★★★ **HARDCORE SERIES** ★★★★★

AMINO 4 HOUR™

ADVANCED SUSTAINED RELEASE

■ **12 Grams of Protein per Serving!**

DIETARY SUPPLEMENT

325 TABLETS

**TYPICAL AMINO ACID PROFILE
PER SERVING (1 SERVING)**

L-Alanine	620mg
L-Arginine	285mg
L-Aspartic Acid	1200mg
L-Cystine	380mg
L-Glutamic Acid	1990mg
L-Glycine	225mg
L-Histidine	180mg
L-Isoleucine (BCAA)	815mg
L-Leucine (BCAA)	1220mg
L-Lysine	1040mg
L-Methionine	240mg
L-Phenylalanine	360mg
L-Proline	790mg
L-Serine	575mg
L-Threonine	850mg
L-Tryptophan	165mg
L-Tyrosine	345mg
L-Valine (BCAA)	720mg

[†]The L-Tryptophan is naturally occurring in the protein source.

SUPPLEMENT FACTS

Serving Size: 6 Tablets
Servings Per Container: 54

Amount Per Serving	% Daily Value*
Calories 50	Calories from fat 0
Protein	12g

Additional Ingredients: Natural Enzymatic Digest of Whey Protein Isolate, Micro-crystalline Cellulose, Magnesium Stearate, Vegetable Glaze.

*Percent Daily Values are based on a 2,000 calorie diet.

Contains Milk Ingredients

Manufactured exclusively for:



53 E. Merrick Road #218, Freeport, NY 11520

Questions/Comments: 1(888) 663-1113 www.sniglobal.com

