

FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

108234



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SPRING VALLEY™

Biotin

5000 mcg PER SOFTGEL

DIETARY SUPPLEMENT

♀ HAIR/SKIN/NAIL HEALTH*

Biotin is a B Vitamin that is essential for healthy energy metabolism and also supports healthy hair, skin, and nails.*

120 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Biotin (as d-Biotin)	5,000 mcg 1,667%

OTHER INGREDIENTS: Soybean Oil, Gelatin, Glycerin, Yellow Beeswax, Titanium Dioxide Color.

DISTRIBUTED BY:
Wal-Mart Stores, Inc.,
Bentonville, AR 72716
PRODUCT OF CHINA

SUGGESTED USE: Adults, take one softgel one to two times daily, preferably with a meal.

NO

Gluten, Yeast, Wheat, Milk or Milk Derivatives, Lactose, Sugar, Preservatives, Artificial Flavor, Sodium (less than 5 mg per serving)

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. It is advisable to consult your doctor before using biotin doses above 2,500 mcg per day. If any adverse reactions occur, stop use and consult your doctor.

KEEP OUT OF REACH OF CHILDREN.
Store at room temperature 59°- 86°F (15°- 30°C). Keep bottle tightly closed.

• QUALITY GUARANTEED •

For questions or comments call
1-866-251-1662.
Walmart.com/springvalley

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FRESHNESS AND POTENCY GUARANTEED THROUGH: