

**SPRING VALLEY™**

RAPID-RELEASE

# Magnesium Citrate

**100 mg** PER CAPSULE

DIETARY SUPPLEMENT

## BONE HEALTH\*

Magnesium is essential for the formation of bone and also supports nerve and muscle health.\* Magnesium Citrate offers higher absorption compared to magnesium oxide.

✓ Highly Absorbable

**100 CAPSULES**

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Magnesium (as Magnesium Citrate)	100 mg 25%

**OTHER INGREDIENTS:** Gelatin, Croscarmellose, Vegetable Magnesium Stearate.

**DISTRIBUTED BY:**  
Wal-Mart Stores, Inc.,  
Bentonville, AR 72716

**SUGGESTED USE:** Adults, take one capsule three times daily, preferably with meals.

**NO**

Gluten, Yeast, Wheat, Milk or Milk Derivatives, Lactose, Sugar, Preservatives, Soy, Artificial Color, Artificial Flavor, Sodium (less than 5 mg per serving)

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**KEEP OUT OF REACH OF CHILDREN.** Store at room temperature 59° - 86°F (15° - 30°C). Keep bottle tightly closed.

**FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

### • QUALITY GUARANTEED •

Spring Valley™ products are produced under strict quality guidelines. If you are unhappy with this product, we'll replace it or refund your money.

**For questions or comments call 1-866-251-1662.**

**Walmart.com/springvalley**

FRESHNESS AND POTENCY GUARANTEED THROUGH:

Item No. 15215  
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