

OVER 40 YEARS OF TRUSTED QUALITY

At Nature's Bounty, we are committed to your health. For over 40 years we have been making trusted products, backed by science, and made with only the purest ingredients...guaranteed. So you can get the most out of life every day.



- ✓ Coated Tablets
- ✓ Guaranteed Quality
- ✓ Laboratory Tested

B Vitamins support energy by aiding in converting food into energy.*

Non-GMO, No Artificial Color, No Artificial Flavor, No Artificial Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free. Suitable for Vegetarians.

 Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

Join our Loyalty Program at
NaturesBountyRewards.com

Prod. No. 7961 B7961 10F



NATURE'S BOUNTY®

Biotin

1000mcg

**Supports Healthy
Hair, Skin & Nails***

100 Coated Tablets VITAMIN SUPPLEMENT

DIRECTIONS: For adults, take one (1) tablet up to two times daily, preferably with meals.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value	
Biotin (as d-Biotin)	1,000 mcg	333%

Other Ingredients: Calcium Carbonate, Vegetable Cellulose, Silica, Vegetable Magnesium Stearate.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

★ **Made In The USA** with select ingredients from around the world

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
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