

GLUTEN FREE

16 PROBIOTIC STRAINS

Promotes Emotional Well-Being & Relaxation†
Promotes Digestive Balance†

MADE WITH ORGANIC ASHWAGANDHA,
BLUEBERRIES & ACACIA FIBER



MOOD + DIGESTIVE + IMMUNE SYSTEM†

50 BILLION
GUARANTEED

Mood+

Dr. Formulated
PROBIOTICS



Suggested Use: Adults take 2 capsules daily. May be taken with or without food. Capsules can be opened. Contents can be taken directly with water or raw juices. Not intended for children.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving

Mood Probiotic Blend

172 mg

+

Lactobacillus acidophilus
Lactobacillus plantarum
Lactobacillus helveticus R0052
Lactobacillus paracasei
Lactobacillus casei
Lactobacillus brevis
Lactobacillus rhamnosus
Lactobacillus bulgaricus
Lactobacillus gasseri
Lactobacillus salivarius

Total Lacto Cultures (45 Billion CFU)

Bifidobacterium lactis
Bifidobacterium longum R0175
Bifidobacterium bifidum
Bifidobacterium breve
Bifidobacterium infantis
Bifidobacterium longum

Total Bifido Cultures (5 Billion CFU)

Total Probiotic Cultures

50 Billion CFU¹

Stress Support Blend

350 mg

+

Organic Ashwagandha (root), AuroraBlue® Organic Blueberry Complex [Organic Alaska Blueberry *V. alaskaense* (fruit), Organic Oval-Leaf Blueberry *V. ovalifolium* (fruit), Organic Alpine Blueberry *V. uliginosum* (fruit), Organic Dwarf Bilberry *V. cespitosum* (fruit)]

Organic Prebiotic Fiber Blend

612 mg

+

Organic Potato [Resistant Starch] (tuber), Organic Acacia Fiber (*A. senegal*)

+ Daily Value not established.

Other Ingredients: Non-GMO Vegetable Pullulan (capsule).

¹ At Expiration Date under recommended storage conditions.

Best if refrigerated. Store in a dry place at 71°F (22°C) or below.

L. helveticus R0052 and *B. longum* R0175 are fermented in media that may include traces of soy and dairy.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children.

Do not use if safety seal is broken or missing.
Contains no carriers, fillers, artificial colors, flavors, sweeteners or preservatives.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



GLASS RECYCLES



We Buy 100%
Certified Renewable
Energy

Distributed by Garden of Life LLC

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BEST USED BY