



**NEW LOOK,
SAME FORMULA.**

Women's Care

**FLUSH &
Be Fit™**
GENTLE CLEANSER & DETOX*

TAMPER EVIDENT: DO NOT USE IF EITHER THE OUTER NECK BAND
OR THE INNER SEAL ON BOTTLES IS BROKEN OR MISSING.

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Digestive wellness, Naturally

At Renew Life,™ we believe a healthy gut is a happy gut.

For nearly two decades, we have pioneered superior-quality digestive care supplements to help people achieve optimal health from the inside out.*

GENTLE TOTAL BODY CLEANSING PROGRAM

Renew Life Gentle Cleansing Programs are wholesome, herbal formulas to help you get rid of digestive toxins and support regularity.* They provide targeted support to the body's pathways of elimination: liver, lungs, lymphatic system, kidneys, skin, blood, and bowels.*

FLUSH & Be Fit™ is a gentle and comprehensive three-part total-body cleanse for a woman's unique needs.* Morning Pack supports detoxification and urinary health; Afternoon Pack relieves occasional bloating, promotes flora balance, and supports healthy stress response and energy levels; Evening Pack promotes healthy bowel elimination.*

Call toll-free 1-800-830-1800 for support.
Got questions? Our Cleansing Product Specialists
are on call and happy to help.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Good for your Gut!

Your gut is your engine, your digestive core.

Keep it running smoothly with Renew Life™ Cleanses. Our comprehensive herbal programs promote regular elimination and support the body's natural detoxification process.*

CLEANSER & RESTORE

Did you know that we come into contact with toxins every day—from the environment, our food, and even within our own digestive tract? While the body was built to process these toxins, today's world places increased stress on our elimination channels. Renew Life Cleanses help re-establish digestive health so you feel better, lighter, and more energized.*

TO COMPLEMENT YOUR CLEANSER:

For optimal cleansing results, add a fiber supplement*



Fiber Smart™

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**FLUSH &
Be Fit™**
GENTLE CLEANSER & DETOX*

14-Day Program

- Relieves Occasional Constipation & Bloating*
- Helps Boost Energy & Reduce Stress*
- Supports Healthy Probiotic Balance*

14 DAILY STRIP PACKS

Dietary Supplement

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Morning Pack 1

Directions: Take Morning Pack in morning on an empty stomach. Drink plenty of purified water while using this product.

Supplement Facts

Serving Size: 2 capsules
Servings per container: 14

	Amount Per Serving	%DV*
Woman's Flush Blend	1,080 mg	***
Milk Thistle Extract (80% silymarin) seed	***	***
Chorella	***	***
Yeastine	***	***
Burdock Extract (8:1) root	***	***
Dandelion Extract (4:1) root	***	***
Horsetail Extract herb	***	***
Red Clover Extract (4:1) leaf	***	***
Turmeric Extract (4:1) root	***	***
Wild Indigo herb	***	***
Red Root bark	***	***
Woman's Protect Blend	280 mg	***
Cranberry Extract (25:1) fruit	***	***
Dandelion Extract (4:1) leaf	***	***
Hibiscus flower	***	***

*** Daily Value (DV) not established.

Other Ingredients: Vegetable capsule (vegetable fiber and water).

Evening Pack 3

Directions: Take Evening Pack in the evening before bed. Drink plenty of purified water while using this product.

Supplement Facts

Serving Size: 1 capsule
Servings per container: 14

	Amount Per Serving	%DV**
Magnesium (from magnesium oxide/hydroxide)	200mg	50%
Woman's Cleanse Blend	360mg	***
Cape Aloe leaf	***	***
Rhubarb Extract (4:1) root	***	***
Buckthorn Extract (4:1) bark	***	***
Fennel seed	***	***
Ginger root	***	***
Mangifera root	***	***

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

*** Daily Value not established.

Other Ingredients: Vegetable capsule (vegetable fiber and water).

Afternoon Pack 2

Directions: Take Afternoon Pack with afternoon meal. Drink plenty of purified water while using this product.

Supplement Facts

Serving Size: 2 capsules
Servings per container: 14

	Amount Per Serving	%DV**
Woman's Energy Blend	900mg	***
Yerba Mate Extract herb	***	***
Korean Ginseng Extract (4:1) root	***	***
Ashwagandha Extract (5:1) root	***	***
Gotu Kola Extract (4:1) herb	***	***
Green Tea Extract leaf	***	***
Rhodiola Extract root	***	***
Cayenne fruit	***	***
Bitter Orange Extract fruit	***	***
Shatavari Extract leaf	***	***
Woman's Balance Blend		***
S. bouvieri, L. rhummosus, L. reuteri	***	***
Quercetin	***	***
Woman's Digest Blend	102mg	***
Horsetail Extract herb	***	***
Protease 8,000 HUT	***	***
Protease, Acid Stable 30 SAPU	***	***
Amylase 1,000 DU	***	***
Lipase 150 FIP	***	***

*** Daily Value not established.

Other Ingredients: Vegetable capsule (vegetable fiber and water).

Notice: This product may contain small traces of milk and soy from fermentation ingredients.

Distributed by: Renew Life Formulas
Palm Harbor, FL 34683
Questions? 1-800-830-1800 or
support@renewlife.com www.renewlife.com

NOTICE OF USAGE: Flush & Be Fit Cleanse & Detox Program is to be used no more than once per month.

Free of GMOs, salt, fillers, binders, preservatives, and artificial ingredients.

Store in a dry place at 68-80°F (20-30°C).
Quality, purity, and potency guaranteed through expiration.
KEEP OUT OF REACH OF CHILDREN.
Consult your healthcare professional before using this or any product if you are pregnant, nursing, trying to conceive, taking medication, or have a medical condition.
Notice: This product contains capsaicin, cayenne, and turmeric. DO NOT USE IF YOU HAVE OR DEVELOP ALLERGIC PAIN OR IRRITATION.
MANUFACTURED IN USA IN A GMP FACILITY.