

SUGGESTED USE:[†] **LOADING PHASE:** Take 4 teaspoons daily mixed with juice or water for 1 week. **MAINTENANCE:** Take 2 teaspoons daily mixed with juice or water.

WHAT IS CREATINE?

Creatine is 100% natural. Our bodies naturally produce this compound in the liver, kidneys and pancreas. In fact, Creatine has a high concentration in many foods such as red meat and fish.[†]

WHAT DOES CREATINE DO?

Creatine supplies energy to our muscles. It is transported through our bloodstream. Once it reaches the muscles, it is converted into Creatine Phosphate which regenerates the muscles' ultimate energy source - ATP (Adenosine Triphosphate).[†]

WHAT CAN I EXPECT FROM USING CREATINE?

Increased ATP allows your body to work out harder for longer periods of time! The science behind Creatine shows the supplementation is most effective for activities that involve repeated short bouts of high intensity physical activity such as strength training.[†]

WHY **SNI** CREATINE?

SNI sources pharmaceutical grade Creatine and manufactures it into micro particles. This, combined with Glucose Polymers, allows the Creatine to instantly absorb into your blood stream for immediate Utilization!

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



ESSENTIAL SERIES

MICRONIZED CREATINE

PHARMACEUTICAL GRADE

- **INCREASE ATP ENERGY[†]**
- **MICRONIZED PARTICLES FOR INSTANT DIGESTION[†]**
- **60 SERVINGS!**

DIETARY SUPPLEMENT

300G (10.6oz)

SUPPLEMENT FACTS

Serving Size: 1 Teaspoon (5g)
Servings per Container: 60

Amount Per Serving	% Daily Value*
Creatine BioDelivery Matrix 5g †	
(Creatine Monohydrate, Glucose Polymers)	

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Values not established.

OTHER INGREDIENTS: Creatine Monohydrate, Glucose Polymers.

WARNING: Consult a physician before using this product. Keep out of the reach of children. Store in a cool, dry place 15°-30°C (59°-86°F). Do not use if tamper-evident seal is broken.

Manufactured exclusively for:



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Questions/Comments: 1 (888) 663-1113

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