

WARNING: NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18. Do not use if you are pregnant or nursing. Consult a physician before using this product if you are unaware of your health status or have a history of high blood pressure, heart disease or if you are using a monoamine oxidase inhibitor (MAOI) or any other dietary supplement. Do not use if you're currently using a prescription drug, or over-the-counter drug containing but not limited to ibuprofen, ephedrine, pseudoephedrine, or phenylpropanolamine (ingredients found in certain allergy, asthma, cough or cold, and weight control products). Discontinue use if adverse reactions occur and consult a physician. Individuals who are sensitive to the effects of caffeine or have a medical condition should consult a licensed health care professional before consuming this product. If adverse reactions occur, then consult a physician.

KEEP OUT OF REACH OF CHILDREN.
NO STARCH, SALT OR PRESERVATIVES ADDED.

† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

**MANUFACTURED FREE OF BANNED
SUBSTANCES IN A NSF GMP
CERTIFIED FACILITY.**



Distributed by 1UP Nutrition, LLC. - 7260 NW 58th St. Miami FL 33166.
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HIIT AMINOS
FORMULATED FOR HIGH INTENSITY INTERVAL TRAINING



AMINOS[†]
ENERGY[†]
VITAMINS[†]
FOCUS[†]

**KIWI &
STRAWBERRY**

30 SERVINGS
DIETARY SUPPLEMENT
NW 7.93 oz (225 g)



DIRECTIONS: As a dietary supplement, take 1 scoop before high intensity workout with water or juice or as directed.

Supplement Facts

Serving Size: 1 scoop (7.5g) Servings per Container: 30

HIIT Recovery Amino Blend 5025mg
Instantized BCAA (Branched Chain Amino) 2:1:1 Blend
(Instantized Leucine, Instantized Isoleucine & Instantized Valine)
L-Glutamine, Sustamine.

Energy & Focus Blend 605 mg

Caffeine Anhydrous
N-MethylTyramine HCl
Hordenine HCl
Cognizin
Noopeptide (N-phenylacetyl-L-prolylglycine ethyl ester)

* Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Malic Acid, Sucralose, Natural & Artificial Flavor, and Silicon dioxide.
Store in a dry place at room temperature (59°-86°F). Do not use this product if printed inner seal under cap is missing or broken.

Daily Multivitamin & Mineral Blend

Vitamin A (Retinyl Palmitate)	1250 IU	25%
Vitamin C (Ascorbic Acid)	60 mg	100%
Vitamin D3 (Cholecalciferol)	400 IU	100%
Vitamin E (dl-alpha tocopheryl acetate)	7.5 IU	50%
Vitamin B1 (Thiamine Mononitrate)	0.75 mg	50%
Vitamin B2 (Riboflavin)	0.85 mg	50%
Vitamin B3 (Niacinamide)	10 mg	50%
Vitamin B5 (D-calcium Pantothenate)	5 mg	50%
Vitamin B6 (Pyridoxine HCl)	1 mg	50%
Vitamin B12 (Cyanocobalamin)	6 mcg	100%
Folic Acid (Folate)	400 mcg	100%
Biotin	300 mcg	100%
Selenium (Sodium Selenite)	35 mcg	50%
Chromium (Amino Acid Chelate)	60 mcg	50%
Magnesium (Citrate)	80 mg	20%
Zinc (Aspartate)	7.5 mg	50%
Copper (Amino Acid Chelate)	1 mg	50%
Manganese (Citrate)	1 mg	50%
Iodine (Potassium Iodide)	150 mcg	100%
Vanadium (Citrate)	1 mg	**