

At Vitamin World we ensure the quality of all of our premium nutritional products, every step of the way. Strict quality analysis at world-class facilities guarantees that all Vitamin World® products are at the highest standard of potency and purity.



DIRECTIONS: For adults, take two (2) caplets daily, preferably with a meal.

No Artificial Color, No Preservatives, No Sugar, No Gluten, No Wheat, No Yeast, No Fish.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Store at room temperature. Do not use if seal under cap is broken or missing.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

TO REORDER PROD. #17486

www.vitaminworld.com

1-800-228-4533

Carefully Manufactured for Vitamin World, Inc.
Holbrook, NY 11741 U.S.A.
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ULTRA WOMAN™

SPORT

DAILY MULTI HIGH POTENCY

PERFORMANCE FORMULA
FOR ACTIVE WOMEN

WOMEN'S HEALTH*

90 COATED CAPLETS
DIETARY SUPPLEMENT

TIMED RELEASE

Supplement Facts

Serving Size 2 Caplets
Servings Per Container 45

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Beta-Carotene)	5,000 IU 100%	Copper (as Cupric Oxide)	2 mg 100%
Vitamin C (as Ascorbic Acid)	200 mg 333%	Manganese (as Manganese Gluconate)	2 mg 100%
Vitamin D (as D3 Cholecalciferol)	2,000 IU 500%	Chromium (as Chromium Picolinate)	200 mcg 167%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU 100%	Molybdenum (as Sodium Molybdate)	75 mcg 100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	60 mg 4,000%	Chloride (as Potassium Chloride)	90 mg 3%
Riboflavin (Vitamin B-2)	60 mg 3,529%	Potassium (as Potassium Chloride)	100 mg 33%
Niacin (as Niacinamide)	60 mg 300%	Choline Bitartrate	10 mg **
Vitamin B-6 (as Pyridoxine Hydrochloride)	60 mg 3,000%	Inositol	10 mg **
Folic Acid	800 mcg 200%	Boron (as Sodium Tetraborate)	2 mg **
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1,667%	Silica	4 mg **
Biotin	500 mcg 167%	Vanadium (as Sodium Metavanadate)	10 mcg **
Pantothenic Acid (as d-Calcium Pantothenate)	60 mg 600%	UWS Active Sport Blend	150 mg **
Calcium (as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate)	500 mg 50%	Ginkgo Biloba (<i>Ginkgo biloba</i>) (leaf), L-Glutamine, L-Arginine Hydrochloride, L-Valine, L-Leucine, L-Isoleucine, Glycine, L-Methionine, Taurine, L-Carnitine Fumarate, Green Tea (<i>Camellia sinensis</i>) (leaf)	
Iron (as Ferrous Fumarate)	18 mg 100%	UWS Antioxidant Blend	30 mg **
Iodine (as Potassium Iodide)	150 mcg 100%	Citrus Bioflavonoid Concentrate (<i>Citrus limon</i>) (peel), Alpha Lipoic Acid, Bilberry Extract (<i>Vaccinium myrtillus</i>) (fruit), Cranberry Concentrate (<i>Vaccinium macrocarpon</i>) (fruit), Grape Seed Extract (<i>Vitis vinifera</i>), Coenzyme Q-10, Lycopene, Lutein	
Magnesium (as Magnesium Oxide)	100 mg 25%		
Zinc (as Zinc Oxide)	15 mg 100%		
Selenium (as Sodium Selenate)	200 mcg 286%		

Other Ingredients: Vegetable Cellulose, Contains -2% of: Calcium Silicate, Natural Palm Leaf Glaze, Vanillin, Vegetable Magnesium Stearate, Vegetable Stearic Acid.
Contains milk ingredients.



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