

For more information, please visit integrativepro.com.

Recommendation: Mix the contents of 1 sachet with 4-6 oz. of water 30 minutes before bedtime or as recommended by your healthcare professional. May be mixed with hot liquids if preferred.

Caution: This product should not be consumed by children under the age of 12 years or by women who are pregnant, attempting to become pregnant, or nursing. Do not use if suffering from gastrointestinal (GI) disorders such as ulcers, irritable bowel syndrome, Crohn's disease, ulcerative colitis, or celiac disease. Do not take this product if you are taking any prescription drugs, or are being treated for depression, scleroderma, Parkinson's disease, auto-immune, endocrine, diabetes, blood clotting, or seizure disorders. This product may cause drowsiness and should not be used while driving or operating heavy equipment. Some may experience GI upset—including abdominal cramping, nausea, or diarrhea—while taking this product. If discomfort persists discontinue use. Do not exceed the recommended dose.

Contains no sugar, salt, yeast, wheat, gluten, soy, dairy products, artificial flavors, preservatives, or ingredients of animal origin.

©2016 DISTRIBUTED BY INTEGRATIVE THERAPEUTICS, LLC
GREEN BAY, WI 54311 USA
integrativepro.com • 800.931.1709



Certified for Sport®
www.nsf.org

THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



SLEEP RESET™

RESTFUL SLEEP BLEND

ORANGE FLAVORED

DRINK MIX
30 SACHETS 0.14 oz each NET WT 4.2 oz (119 g)

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 sachet (0.14 oz)

Amount per sachet		%DV
Calories	15	
Total Carbohydrate	<1 g	<1%†
Vitamin B6 (as pyridoxine HCl)	50 mg	2,500%
Glycine	3 g	**
Proprietary Blend:	300 mg	**
L-5-Hydroxytryptophan (5-HTP), L-Theanine and Theracurmin® (water-dispersible turmeric (<i>Curcuma longa</i>) rhizome)		
Melatonin	3 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: natural flavors, citric acid, silicon dioxide, xanthan gum, radish juice concentrate (color)

Theracurmin® is a registered trademark of Theravalues Corporation, used under license by Schwabe North America, Inc.

LB210285.802 DLK88198

