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Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take four (4) softgels twice daily with meals, or as recommended by a healthcare practitioner.

IFOS™ certification mark is a registered trademark of Nutrasource Diagnostics, Inc. These products have been tested to the quality and purity standards of the IFOS™ program conducted at Nutrasource Diagnostics, Inc.

CAUTION: If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product.

Store tightly closed in a cool, dry place.

WARNINGS:

- . KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- . Do not purchase if outer seal is broken or damaged.
- . When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



LifeExtension°

OMEGA FOUNDATIONS®

Super Omega-3

EPA/DHA with Sesame Lignans & Olive Extract

MOLECULARLY DISTILLED



Small, Easy-to-Swallow Softgels

Dietary Supplement



240 Softgels

Supplement Facts

Serving Size 4 Softgels • Servings Per Container 60

Amount Per Serving	erving % Daily Val	
Calories	25	
Calories from Fat	25	
Total Fat	2.5 g	4%t
Cholesterol	<5 mg	2%†
Pure+™ Wild Fish Oil Concentrate Yielding: EPA (eicosapentaenoic acid)	00 mg	** ** **
Polyphen-Oil™ Olive extract (fruit and leaf) [providing 19.5 mg polyphenols, 5.2 mg hydroxytyrosol/tyrosol, 4.4 mg verbascoside/olei	300 mg uropein]	**
Sesame seed lignan extract	10 mg	**
**Daily Value not established. †% Daily Value is based on a 2000 calorie diet.		

Other ingredients: highly refined fish oil concentrate (Alaska Pollock), gelatin, glycerin, purified water, silica, natural flavor, sunflower lecithin, caramel color, mixed tocopherols, rosemary extract, maltodextrin.

Non-GMO

Manufactured for: Quality Supplements and Vitamins, Inc. Ft. Lauderdale, FL 33309

info@lifeextension.com • www.lef.org To report a serious adverse event or obtain product information, contact 1-866-280-2852.