

NOW WITH  
**150 MCG**  
OF IODINE!

**SUNDOWN<sup>®</sup>**  
**NATURALS**

**PRENATAL  
MULTIVITAMIN**  
**200MG OF DHA**

**For Use Before, During &  
After Pregnancy**

**30 Softgels**  
**Multi-Vitamin/Multi-Mineral Supplement**

**100%  
FREE OF**



**NO DAIRY /  
LACTOSE**



**NO ARTIFICIAL  
FLAVORS**



**NO GLUTEN /  
WHEAT**

**Supplement Facts**

Serving Size 1 Softgel

Amount Per Serving	%Daily Value for Pregnant and Lactating Women	Amount Per Serving	%Daily Value for Pregnant and Lactating Women
Calories	10	Biotin (as d-Biotin)	100 mcg 33%
Calories from Fat	5	Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 100%
Total Fat	0.5 g *	Calcium (as Calcium Carbonate)	175 mg 13%
Vitamin A (as Beta-Carotene)	4,000 IU 50%	Iron (as Ferrous Fumarate)	28 mg 156%
Vitamin C (as Ascorbic Acid)	100 mg 167%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin D (as D3 Cholecalciferol)	400 IU 100%	Zinc (as Zinc Oxide)	25 mg 167%
Vitamin E (as d-Alpha Tocopherol)	30 IU 100%	Copper (as Copper Sulfate)	2 mg 100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.8 mg 106%	Fish Oil Concentrate	465 mg *
Riboflavin (Vitamin B-2)	1.7 mg 85%	provides 279 mg of Omega-3 Fatty Acids†, comprising of:	*
Niacin (as Niacinamide)	20 mg 100%	Eicosapentaenoic Acid (EPA) 27 mg	*
Vitamin B-6 (as Pyridoxine Hydrochloride)	2.6 mg 104%	Docosahexaenoic Acid (DHA) 200 mg	*
Folic Acid	800 mcg 100%	Other Fatty Acids	*
Vitamin B-12 (as Cyanocobalamin)	8 mcg 100%		

\* Daily Value not established.

**Other Ingredients:** Gelatin, Vegetable Glycerin. Contains  
<2% of: Mixed Natural Tocopherols, Natural Caramel Color,  
Natural Flavor, Silica, Soy Lecithin.

Contains soy and fish (anchovy, sardine) ingredients.

†As Natural Triglycerides

**WARNING:** If you are pregnant, nursing, taking any  
medications, including blood thinners, planning any  
medical or surgical procedure or have any medical  
condition, consult your doctor before use. Discontinue use  
and consult your doctor if any adverse reactions occur.

**SMART FACTS**

- No Preservatives
- Plus Iron & Folic Acid
- One per Day Formula

**DIRECTIONS:** FOR ADULT WOMEN, TAKE ONE (1) SOFTGEL  
DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss  
the supplements and medications you take with your health  
care providers.

No Gluten, No Wheat, No Milk, No Lactose, No Artificial  
Flavor, No Artificial Sweetener, No Preservatives, No Sugar,  
No Starch, No Yeast, No Shellfish, Sodium Free.

**STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT.**  
**TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS**  
**BROKEN OR MISSING.**

**WARNING:** Accidental overdose of iron-containing  
products is a leading cause of fatal poisoning in  
children under six. **KEEP THIS PRODUCT OUT OF REACH**  
**OF CHILDREN.** In case of accidental overdose, call a  
doctor or Poison Control Center immediately.

★ **Made In The USA** with select ingredients  
from around the world

Questions? Call toll free 1-888-VITAHELP (848-2435)

or visit us at [www.sundownnaturals.com](http://www.sundownnaturals.com)

Manufactured by REXALL SUNDOWN, INC.,  
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