

REAL RAW
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Spiced Chai

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Garden of Life® RAW Protein™ - Beyond Organic Protein

Unlock the nutritive power of living grains and seeds with **Garden of Life® RAW Protein™** — a certified organic, RAW, vegan protein powder. Featuring 13 RAW and organic sprouts, **RAW Protein™** is an excellent source of complete protein providing 17 grams and 34% of the Daily Value — including all essential amino acids. **RAW Protein™** contains **VITAMIN CODE®** RAW Food-Created fat-soluble vitamins A, D, E and K and supports digestive health and function with live probiotics and protein-digesting enzymes.†

- Helps build and repair muscle†
- Good for pre and post workout
- Promotes protein synthesis†
- Contains 3.8g of branched chain amino acids
- Increases protein content of meals and snacks
- Easily digested†
- Suitable for vegetarians and vegans
- Good for those with sensitivities to milk and other proteins
- Highest quality alternative to soy, whey and milk protein

Amino Acid Profile

Alanine	882mg
Arginine	1228mg
Aspartic Acid	1638mg
Cysteine	432mg
Glutamic Acid	3098mg
Glycine	567mg
Histidine	403mg
Isoleucine*^	1049mg
Leucine*^	1638mg
Lysine*	922mg
Methionine*	416mg
Phenylalanine*	788mg
Proline	1098mg
Serine	886mg
Threonine*	855mg
Tryptophan*	281mg
Tyrosine	738mg
Valine*^	1084mg

* = Essential Amino Acids
^ = Branched Chain Amino Acids

BV (Biological Value) provides a measurement of how efficient the body utilizes the protein consumed in the diet; the human body is using the Organic **RAW Protein™** to 98.2% efficiency which compares very similarly to animal proteins, and is far superior to other vegetarian proteins such as pea protein at 48% BV and soy protein at 57% BV.

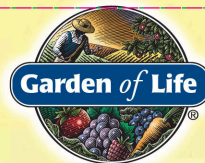
Why RAW Really Matters:

Heat can denature proteins, reducing their availability to your body. But Garden of Life's Certified Organic plant proteins are different; always gently produced at low temperatures, without any added fillers or carriers (like maltodextrin which can come from GMO corn) preserving their **complete** amino acid integrity and whole-food, Certified Organic, NON-GMO goodness.

**RAW • VEGAN • CERTIFIED ORGANIC • GLUTEN FREE • DAIRY FREE • LACTOSE FREE • SOY FREE • NO FILLERS
NO SYNTHETIC NUTRIENTS • NO ARTIFICIAL FLAVORS OR SWEETENERS • NO PRESERVATIVES • NO PEA PROTEIN**

† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

TRY OUR
NEW
FLAVOR!



RAW PROTEIN™

Beyond Organic Protein Formula

Excellent Source
of Protein from
13 RAW Organic Sprouts

17 Grams Per Serving

VITAMIN CODE®
Fat-Soluble Vitamins A, D, E, K

Live Probiotics and Enzymes

No Fillers, Artificial Flavors or Synthetic Nutrients



VEGAN • GLUTEN FREE • DAIRY FREE • SOY FREE



Net Wt 22 oz (630 g)

RAW Food Dietary Supplement

Suggested Use: Adults mix 1 level scoop in 6 ounces of water one (or more) times per day (scoop included). Delicious with almond or rice milk. Not intended for children.

Supplement Facts

Serving Size 1 Level Scoop (23 g)
Servings Per Container Approximately 28

Amount Per Serving	% Daily Value
Calories 90	
Total Carbohydrate 4 g	1% ¹
Dietary Fiber 3 g	12% ¹
Soluble Fiber 2 g	+
Insoluble Fiber 1 g	+
Sugars <1 g	+
Other Carbohydrate 1 g	+
Protein 17 g	34% ¹
Vitamin A* 200 IU	4%
Vitamin D* 400 IU	100%
Vitamin E* 5 IU	18%
Vitamin K* 5 mcg	6%
Organic RAW Sprout Blend 22.4 g	+
Organic Sprouted Brown Rice Protein, Organic Amaranth Sprout, Organic Quinoa Sprout, Organic Millet Sprout, Organic Buckwheat Sprout, Organic Garbanzo Bean Sprout, Organic Lentil Sprout, Organic Adzuki Bean Sprout, Organic Flax Seed Sprout, Organic Sunflower Seed Sprout, Organic Pumpkin Seed Sprout, Organic Chia Seed Sprout, Organic Sesame Seed Sprout, High Protein Cracked-Wall Chlorella, RAW Natural Vanilla Flavor, RAW Organic Stevia (Leaf), RAW Natural Chai Flavor	
RAW Probiotic & Enzyme Blend 78 mg	+
<i>Bifidobacterium lactis</i> , <i>Lactobacillus acidophilus</i> (3 Billion CFU) Protease 2,500 HUT, Bromelain 100,000 PU, Acid Protease 10 SAPU, Papain 100,000 PU	
Mixed Tocopherols 1 mg	+
alpha-tocotrienol, beta-tocotrienol, gamma-tocotrienol, delta-tocotrienol, beta-tocopherol, gamma-tocopherol	

¹ Percent Daily Values based on a 2,000 calorie diet.
+ Daily Value not established.

Other ingredients: *Saccharomyces cerevisiae*, *Lactobacillus bulgaricus*.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Store in a cool, dry place.
Do not use if safety seal is broken or missing.
Keep out of reach of children.

Contains no filler ingredients, artificial colors, flavors, sweeteners or preservatives.
Packaged by weight not volume. Settling may occur.

* To learn more about **RAW Food-Created Nutrients™** used exclusively by Garden of Life, go to www.GardenofLife.com



We Buy 100% Certified Renewable Energy

Distributed by **Garden of Life LLC**
5500 Village Blvd.
West Palm Beach, FL 33407 USA
Made in the U.S.A.
www.gardenoflife.com
Certified Organic by QAI

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RPV630L-Q11013-022513



Fold A

204mm LAYFLAT

Fold B