SUGGESTED USE: As a dietary supplement, take 6 capsules daily. It is suggested to take 2 Capsules 1 hour before workouts. Take 2 capsules immediately after workouts and take 2 capsules before bedtime. For best results, take in conjunction with food or your favorite protein beverage. Glutamine Peptide helps digest protein from food consumption and protein shakes. This allows your body to feel healthy and strong.

## WHAT'S IN GLUTAMINE PEPTIDE?

The Amino Acid Glutamine Powder joined with a string of Di and Tri Peptides. Glutamine instantly absorbed into the body while retaining 100% of the amino acid without loss due to digestion.

PROTECTION - Prior to workout - Instant absorption of the peptide bonded glutamine will rapidly feed your muscles with the nutrient glutamine so that you prevent overtraining, a common factor in muscle soreness.

RECOVERY - After workouts - Instant absorption of the peptide bonded glutamine feeds your muscles the necessary amount of nutrients to recover from a strepuls workout.

**EROWITH HORMONE**—Most active hormone for increasing muscle and burning fat. Growth hormone levels are at their peak while your body is in a sleeping state. Instant absorption of the peptide bonded glutamine helps with increasing growth hormone which in turn increases muscle strength as well lean body composition.<sup>1</sup>

IMMUNE SUPPORT - Critical to the intestines and immune system as a fuel. Instant absorption of the peptide bonded glutamine is used to synthesize proteins, enzymes and all active cells in your body. A true building block for overall health.<sup>1</sup>

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



## **SUPPLEMENT FACTS**

Serving Size: 6 Capsules Servings per Container: 15

Amount Per Serving

% Daily Value\*

Glutamine Peptide Complex

HWG\* (Peptide Bonded Glutamine), L Glutamine

\* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Values not established.

OTHER INGREDIENTS: Dicalcium Phosphate,
Magnesium Stearate, Silica, Maltodextrin, Gelatin.
\*HWG = Hydrolyzed Wheat Gluten (A Natural Source Rich
in Glutamine Peptides)

WARNING: Consult a physician before using this product. Keep out of the reach of children. Store in a cool, dry place 15°-30°C (59°-86°F). Do not use if tamper-evident seal is broken.

Manufactured exclusively for:



OF CONFIDENCE

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Questions/Comments:

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