



NATURALIST®

Liquid-Filled

Calcium

600 mg + D



**Supports Bone Health*
May Reduce the Risk
of Osteoporosis****

60 SOFTGELS

Dietary Supplement

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

Amount Per Serving	%Daily Value	
Calories	15	
Calories from Fat	10	
Total Fat	1 g	2%***
Vitamin D (as D3 Cholecalciferol)	1,000 IU	250%
Calcium (as Calcium Carbonate)	1,200 mg	120%

***Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Soybean Oil, Gelatin (Bovine, Porcine), Glycerin.
Contains <2% of: Corn Oil, Sorbitol Sorbitan Solution, Soy Lecithin, Titanium Dioxide Color, Yellow Beeswax.
Contains soy ingredients.

IMPORTANT FACTS YOU SHOULD KNOW

Calcium is vital to many bodily functions, helping to promote healthy bones and teeth, and support proper muscle function.* Regular exercise and a healthy diet that includes adequate amounts of Calcium are helpful in maintaining bone density.* Naturalist's liquid-filled Calcium is an absorbable form of Calcium. Vitamin D is essential to Calcium absorption.* For healthy teeth and bones, take this product along with one of Naturalist's quality Magnesium supplements.*

**Adequate Calcium and Vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

DIRECTIONS: FOR ADULTS, TAKE TWO (2) SOFTGELS DAILY, PREFERABLY WITH A MEAL.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, artificial flavor, sodium.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Quality Guaranteed Lab Tested
Laboratory tested to meet strict quality control standards for potency, purity and disintegration. 100% Quality Guaranteed.

Manufactured for Rexall Sundown, Inc.
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