SUGGESTED USE: Take 6 capsules daily. For best results, take 3 capsules 30 minutes prior to training and 3 capsules immediately following your workout.

WHAT IS CREATINE?

Creatine is 100% natural. Our bodies naturally produce this compound in the liver, kidneys and pancreas. In fact, Creatine has a high concentration in many foods such as red meat and fish.

WHAT IS CREATINE ETHYL ESTER?

Creatine Monohydrate with an Ester attached. An Ester is an organic compound clinically created through the reaction of Carboxylic Acid and Alcohols 1

WHY IS CREATINE ETHYL ESTER BETTER THAN CREATINE MONOHYDRATE?

Creatine Ethyl Ester is more effective than Creatine Monohydrate due in part to the Ester molecule. This allows your body to absorb Creatine Instantly while benefiting from the optimal amount of Creatine.

WHAT DOES CREATINE ETHYL ESTER DO?

Creatine supplies energy to our muscles. It is transported through our bloodstream. Once it reaches the muscles, it is converted into Creatine Phosphate which regenerates the muscles' ultimate energy source -ATP (Adenosine Triphosphate).1

WHAT CAN I EXPECT FROM USING CREATINE ETHYL ESTER?

Increased ATP allows your body to work out harder for longer periods of time! The science behind Creatine shows the supplementation is most effective for activities that involve repeated short bouts of high intensity physical activity such as strength training.1

VG DE CONFIDENCE ESSENTIAL SERIES ADVANCED CREATINE

SUPPLEMENT FACTS

Serving Size: 3 Capsules Servings per Container: 80

Amount Per Serving % Daily Value*

Creatine Ethyl Ester HCL 2100mg

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Values not established.

OTHER INGREDIENTS: Magnesium Stearate, Di-calcium Phosphate, Microcrystalline Cellulose, Gelatin

WARNING: Consult a physician before using this product. Keep out of the reach of children. Store in a cool, dry place 15°-30°C (59°-86°F). Do not use if tamper-evident seal is broken.

Manufactured exclusively for:



RING OF CONFIDENCE

53 E. Merrick Road #218, Freeport, NY 11520 Questions/Comments:

1(888) 663-1113 www.sniglobal.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIFTARY SUPPLEMENT

240 CAPSULES

