

Scan for
product info

Read the entire label and follow the directions carefully prior to use.
DIRECTIONS: Take one (1) softgel once or twice daily with food, or as recommended by a healthcare practitioner.

The natural separation of active ingredients may occur.

CAUTION: If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

^Typical distribution: gamma tocopherol 178-244 mg; delta tocopherol 65-98 mg; alpha tocopherol 27-39 mg; beta tocopherol <16 mg

†Typical distribution: gamma tocotrienol 25-34 mg; alpha tocotrienol 17-22 mg; delta tocotrienol 10-15 mg; beta tocotrienol 2 mg; alpha tocopherol 13-19 mg

Tocotrienols are extracted and concentrated from sustainably sourced Malaysian red palm oil.



Q02070A

LifeExtension®

Gamma E Mixed Tocopherols & Tocotrienols



Complete Vitamin E

Dietary
Supplement

60 Softgels

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Vitamin E (as D-alpha tocopherol)	45 IU	150%
Gamma E mixed tocopherols [^]	360 mg	**
Mixed tocotrienols/tocopherol complex [†]	145 mg	**

**Daily Value not established.

Other ingredients: gelatin, glycerin, medium chain triglycerides oil, purified water, sunflower oil, rosemary extract.

Non-GMO

Manufactured for: **Quality Supplements and Vitamins, Inc.**

Ft. Lauderdale, FL 33309 • LifeExtension.com

To report a serious adverse event or
obtain product information, contact 1-866-280-2852.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store tightly closed in a cool, dry place.