

Supplement Facts

Serving Size 15 mL (1 tablespoon)
Servings per container 32

Amount per serving		%DV
Calories	30	
Total Carbohydrate	8 g	3%†
Vitamin D (as cholecalciferol)	100 IU	25%
Calcium (as calcium magnesium citrate)	500 mg	50%
Magnesium (as calcium magnesium citrate and magnesium citrate)	500 mg	125%
Boron (as aspartate)	250 mcg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: purified water, vegetable glycerin, citric acid, natural blueberry flavor with other natural flavors, natural raspberry flavor with other natural flavors, natural strawberry flavor with other natural flavors, xanthan gum, natural blackberry flavor with other natural flavors, natural mixed berry flavor with other natural flavors, potassium sorbate

Contains no sugar, salt, yeast, wheat, gluten, soy, dairy products, artificial sweeteners, colors or flavors.

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Recommendation: Adults and Children over 12 years of age: Take 1 tablespoon once daily with food, or as recommended by your healthcare professional. Shake well before each use.

Caution: Consult your healthcare professional if you have a kidney disorder, hypercalcemia, hypercalciuria, are taking medications, or are pregnant/nursing. **Keep out of reach of children.** Do not exceed recommended dose.

REFRIGERATE AFTER OPENING. Store unopened container in a cool, dry place.

THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



LIQUID CALCIUM MAGNESIUM

1:1 Ca/Mg RATIO

BIOAVAILABLE MINERAL FORMS

BERRY

16 FLUID OUNCES
(480mL)

DIETARY SUPPLEMENT