

For more information, please visit
integrativepro.com.

Contains no sugar, salt, yeast, wheat, soy, dairy products,
artificial coloring, artificial flavoring, preservatives, or
ingredients of animal origin.

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GREEN BAY, WI 54311 USA
integrativepro.com • 800.931.1709

◆ LZ78457.A02 (BLK845A)



THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



FIBER FORMULA

112 VEG CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 8 capsules

Servings per container 14

Amount per 8 capsules		%DV†
Calories		15
Total Carbohydrate		4 g 1%†
Dietary Fiber		4 g 16%†
Soluble Fiber	2 g	**
Insoluble Fiber	2 g	**
Proprietary Fiber Blend: Psyllium (<i>Plantago ovata</i>) husk, Oat (<i>Avena sativa</i>) bran, Guar gum (<i>Cyamopsis tetragonoloba</i>) seed extract, Marshmallow (<i>Althaea officinalis</i>) root extract, and Pectin (from citrus fruit)		3.5 g **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: cellulose, vegetable capsule (modified cellulose), magnesium stearate, and silicon dioxide.

Caution: Do not use if pregnant or nursing. If taking prescription drugs, consult your healthcare professional prior to use.

Recommendations: For 14 days, take 4 capsules in the morning and 4 at night with at least eight ounces of water. Or, may be taken as 8 capsules at night with at least eight ounces of water, or as recommended by your healthcare professional. For more information, see enclosed guide.