

At Vitamin World we ensure the quality of all of our premium nutritional products, every step of the way. Strict quality analysis at world-class facilities guarantees that all Vitamin World® products are at the highest standard of potency and purity.



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No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.
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WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use.

Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. #1454
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured for Vitamin World, Inc.
Holbrook, NY 11741 U.S.A.
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B1452 17G



NUTRITION FROM THE SOURCE™

FLAX SEED OIL

1000mg

OMEGA-3, 6, & 9

Provides 450 mg Omega-3 per softgel

Natural Source of Heart Healthy Nutrients*

CARDIO HEALTH*

DIRECTIONS: For adults, take one (1) softgel one to three times daily, preferably with meals.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Polyunsaturated Fat	0.5 g	***
Organic Flax Seed Oil	1,000 mg (1 g)	***
which typically contains:		
Alpha-Linolenic Acid (Omega-3)	450 mg	***
Linoleic Acid (Omega-6)	110 mg	***
Oleic Acid (Omega-9)	110 mg	***
Other Fatty Acids	50 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Natural Caramel Color.

Our Flax Seed oil is encapsulated in brown softgels to protect the active ingredients from light.

The Flax Seed Oil in this product is 100% SOLVENT FREE

240 RAPID RELEASE SOFTGELS | DIETARY SUPPLEMENT