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product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) capsule daily for individuals weighing up to 160 pounds, with or without food, or as recommended by a healthcare practitioner. Those weighing over 160 pounds, take two (2) capsules daily.

CAUTION: Do not take if pregnant or lactating.

Non-GMO

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Q01469I



LifeExtension®

Triple Action Cruciferous Vegetable

Extract with Resveratrol



For Cellular Protection & Optimal Hormone Balance*

Dietary
Supplement

60 Vegetarian
Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value
Broccoli super concentrate extract (seed and plant) [providing glucosinolates]	400 mg **
I3C (indole-3-carbinol)	80 mg **
Watercress 4:1 extract (whole herb)	50 mg **
Rosemary extract (leaf) [std. to 20% diterpenic compounds, providing carnosic acid/carnosol]	50 mg **
Cat's claw extract (bark)	50 mg **
Apigenin	25 mg **
Cabbage extract (leaf)	25 mg **
Trans-resveratrol [from Japanese knotweed (root) and grape (fruit) extracts]	20 mg **
DIM (3,3'-diindolylmethane)	14 mg **

**Daily Value not established.

Other ingredients: vegetable cellulose (capsule), maltodextrin, vegetable stearate, silica.

Manufactured for: Quality Supplements and Vitamins, Inc.

Ft. Lauderdale, FL 33309 • LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.